



SCHOOL DISTRICT OF MENOMONEE FALLS

CE & Rec

Community Education & Recreation

Activity Guide

W152 N8645 Margaret Rd. Menomonee Falls, WI 53051 | (262) 255-8460 | fallsrec.org

Winter 2017





WELCOME



A Message From The Superintendent



Dear Parents and Community Members,

The 2016-17 Winter Guide for Community Education and Recreation is full of opportunities for you and your entire family. We look forward to seeing you in the months ahead.

We have had a great start to the school year. Our student performance remains strong across all of our schools, and the opportunities for extended learning is strengthened through Community Education and Recreation. Our new offerings for winter include Jr. Academy Golf Lessons, Jr. Soccer League, Let's Build It, Dribble Dribble, and Bricks 4 Kids. Adults will enjoy the Mamma Mia Farewell Tour, Conversational French, and Tap and Jazz. Our older adults again have a broad range of travel opportunities including visiting the Milwaukee Icons, Fireside Theatre South Pacific, the Wade House, and Maggie Mae and the Heartland Country Band. There are many opportunities for every age group.

The mission of Community Education and Recreation is to enhance the quality of life by providing recreational, educational, and social opportunities in partnership with our schools and our community. The mission of our schools is to achieve excellence one student at a time. From preschool programming to the older adult center, everyone is touched by the quality of our offerings and our team's focus on service.

We look forward to seeing you this winter,

Patricia Fagan Greco, Ph.D.
Superintendent of Schools

Menomonee Falls Community Education & Recreation Department

Offices are located in the Menomonee Falls Community Center W152 N8645 Margaret Road Menomonee Falls, WI 53051
www.fallsrec.org

Office Hours

Monday - Friday 8:00 AM - 4:30 PM
Phone 262-255-8460
Fax 262-255-8411

Office will be closed Dec 26, 27, 30, Jan 2, April 14, May 29.

At Your Service

- Jason Husslein, Director
- Dan Zeroth, Recreation Supervisor
- Candice Southcott, Recreation Supervisor
- Lori Oertel, Older Adult and Volunteer Supervisor
- Patti Pirlot, Administrative Assistant
- Julie Hardy, Administrative Assistant
- Deb Williamson, Administrative Assistant

Class Cancellation Line 262-255-8376

Call the information line FIRST for cancellation notices due to inclement weather. Cancellations will also be posted on our website and Facebook page.

SCHOOL DISTRICT OF MENOMONEE FALLS

CE&Rec

Community Education & Recreation

The Recreation Commission meets at the Community Center the 1st Monday of the month. For meeting dates, please call our office at 262-255-8460. Recreation Commission members are: Chris Pitrof, Barb Taggart, Larry Podolske, Carol Hennessy and Harry Goetz.

OUR MISSION: Enhancing the quality of life by providing recreational, educational, and social opportunities in partnership with schools, organizations, and the community.



Winter 2017

Affiliates	40
Aquatics	6
Adult 18+	22
Community Services	40
Drivers' Education	20
Energy Assistance/Stock Box	40
Kids INC.	4
Adults 55+	31
Youth	10
Teen Center	21

WHEN TO REGISTER

RESIDENT online registration begins	Sunday, Dec. 11, 9:00 PM
Mail/Drop Box/Fax	Monday, Dec. 12
NON-RESIDENT online registration begins	Thursday, December 15



5 Easy Ways to Register

Register Online - Best chance to get into class that you want.

Go to www.fallsrec.org and click on "View Activities and Register Online"

- Sign in to your account.
- If you do not have an account, select "Create an account". You must create an account for an adult first, then add any children.

Register by FAX

Complete the registration form at the back of the guide and fax it to (262) 255-8411.

Register by Mail

Complete the registration form at the back of the guide and mail it to: CE & Rec Dept. W152 N8645 Margaret Rd., Menomonee Falls, WI 53051

Drop In Registration

8:00 AM - 4:30 PM

Stop in our office with a completed registration form, or blank forms are available in our office.

After Hours Outdoor Drop Box

There is an outdoor drop box located next to the front entrance of the Community Center. Box is emptied Monday - Friday at 8:15 AM.



Please Note! All registrations received prior to the appropriate registration date will be held and processed when registration begins.

Menomonee Falls CE & Rec is a proud member of:



The School District of Menomonee Falls does not discriminate in employment, program opportunities, or delivery of services. WI Statute 118.13

Kids INC is a before and after school care program for students enrolled in grades 4K-5. Offered at each of the four elementary schools, this safe and fun environment allows children to receive care without having to leave their school building. The 4K program is offered at Ben Franklin. Activities include: homework time, group sports and activities, arts and crafts, games, special events and more. Field trips are planned throughout the year, and most admission fees are included in the cost of the daily Kids INC registration fee.



Daily Fees for 5K-5

MINIMUM of 2 options per week or 8 options per month is required | Annual Registration Fee \$25

No Program on Sept. 5, Nov. 24-25, Dec. 26, 27 & 30, Jan. 2, May 29 and June 9			
Before School 6:30 AM – 8:45 AM	After School 3:45 PM – 6:00 PM	Wednesday Early Release 2:30 PM – 6:00 PM	Full Day * 6:30 AM – 6:00 PM
\$8.25 per day or \$13.25 if late (B)	\$9.25 per day or \$14.25 if late (S)	\$10.25 per day or \$15.25 if late (S)	\$35.25 per day or \$40.25 if late (B) (L) (S)

B) Breakfast can be purchased through the school lunch program.
 (S) Includes snack. Student can bring an additional snack. No peanut products please.
 (L) Student must provide own lunch. NOTE: There is no access to cooling or heating appliances.

Kids INC 4K Wrap Around Care provides programming for 4K students the other half of the day when they are not attending their traditional 4K class. The program encourages physical, emotional and social growth through play and recreation. Activities in the program include arts & crafts, indoor and outdoor group games, puzzles, story time, quiet/rest time, music, free time, and more. Periodically, students will participate in field trips and special events when there is no school.

Daily Fees 4K	If your child attends afternoon 4K ...	If your child attends morning 4K ...	Annual Registration Fee \$50 for 4K program		
	Kids INC Before School Care 6:30 - 8:45 AM	4K AM Wrap Around 8:47 AM until your afternoon 4K begins	4K PM Wrap Around From 4K class end until 3:45 PM	Kids INC After School Care After school until 6:00PM	Kids INC 4K Full Day 6:30 AM – 6:00 PM (Available on no school dates)
	\$8.25 per day (B) or \$13.25 if late	\$22.50 per day (L) or \$27.50 if late	\$22.50 per day (L) or \$27.50 if late	\$9.25 per day (S) or \$14.25 if late \$10.25 on Wed. or \$15.25 if late	\$35.25 per day (B/L/S) or \$40.25 if late

B) Breakfast can be purchased through the school lunch program.
 (S) Includes snack. Student can bring an additional snack. No peanut products please.
 (L) Student must provide own lunch. NOTE: There is no access to cooling or heating appliances.

4K Wrap Annual Registration Information

- For child only using Kids INC 4K Wrap Around Care: Register for 4K Wrap Around Care annual registration.
- For child only using Kids INC Before and After School Care: Register for Kids INC annual registration at the school where care is needed.
- For child using Kids INC 4K Wrap Around and Before and/or After School care: Register for 4K Wrap Around Care annual registration.



How to Register for Kids INC

Annual Registration Fee Required!

\$50 for 4K students, \$25 for all other students

- Annual Registration for any of the Kids INC programs must be completed prior to signing up for any individual dates.
- The Kids INC Annual Registration fee is separate from the Summer Kids INC program registration fee.



Online Registration

Annual Registration

- Visit www.fallsrec.org, and select *Online Registration* from the left column.
- Sign in, or create a new account if needed.
- Search by entering the name of the school your child attends. For 4K Wrap Around, search "4K".
- Complete the registration process and check out.
- To register for individual dates, sign back into the registration site and begin registering.

Registering for Individual Dates

Due by Wednesday at 11:00 PM

To pay the regular daily rate, individual daily registration must be completed online by 11:00 PM on the Wednesday prior to the week you need care for your child. Registration will still be accepted until Friday at 4:00 PM, but will include a \$5.00 late fee per option.

- Log in to your account. Search by entering your school name or the letters "4K"
- Select the week you would like to enroll your child and select Enroll Now. You will select only the dates you need at a later screen.
- Select the name of the child from the drop down menu.
- Select individual dates by selecting the box under the day you would like, and add to cart.
- Follow the prompts and continue through the registration process.



Paper Registration

Paper Forms

Annual Registration forms and calendars are available in our office, or are available for download at fallsrec.org. Cash, check or credit cards are accepted. Please Note! Annual Registration and calendars are not accepted at the sites.

Annual Registration Form

Must be completed in full and submitted with proper registration fee prior to registering for individual dates.

Registering for Individual Dates

(Calendar)

Due by Wednesday 4:30 PM

Calendars can be turned in weekly, but to pay the regular daily rate, calendars must be submitted to the CE & Rec office by 4:30 PM on the Wednesday prior to the week you need care for your child. Calendars will still be accepted until Friday at 4:00 PM, but will include a \$5.00 late fee per option.



Important Registration Information

- Once registration has been submitted, fees cannot be transferred if switching your child from one day to another day.
- Credit is not given for days your child misses due to illness, change of schedule, disciplinary action, or other circumstances.
- Select "Kids INC" in the left column at fallsrec.org for a copy of the Kids INC Family Handbook. It includes additional important information.



OPEN SWIM



Important Policies

Pool rules are enforced at the discretion of the Head Lifeguard.

Safe, appropriate behavior is expected by all swimmers. Those making a safe environment difficult will lose the privilege of swimming for a specified time period.

Supervision

Children who are 6 years or younger must be within 6 feet of an ADULT (age 18+) at all times. Adult must be swimming with child at all times.

When should participants arrive?

Swimmers should arrive to allow enough time in the locker room but should not go out to the pool until 5 minutes prior to scheduled swim. The swim staff does NOT supervise participants either prior to or after dismissal from pool.

What to bring?

Participants must furnish their own suits, locks and towels. We are not responsible for participants' belongings.

Locker Room

Attendants are NOT on duty. You are responsible to assist your child in the locker room. A shower is required prior to entry in the pool area. PLEASE NOTE: Youth 5 years or older must use the appropriate gender locker room. Plan accordingly.

Spectators

For health and safety reasons, viewing is allowed from the balcony area only.

Pool Toys

Toys from home are not allowed. There are many toys provided at the pool for all to enjoy. Participants are allowed to wear lifejackets and water wings per lifeguard's discretion.

Pool Closings

Pool closure is determined when the lifeguard declares an emergency situation that includes, but not limited to the following:

- Rescue / accident situation
- Lightning or inclement weather

Pool Facts ...

Pool size is 25 Yards / 6 Lanes
 Depth ranges from 3-1/2 to 12 feet
 1 mile = 72 lengths or 36 laps
 Average temperature is 84 degrees

Open Swim

Swim Passes

A family or child swim pass entitles the owner admission to Open and/or Lap Swim at the North Middle School Pool. Passes can be purchased at the CE & Rec Office or North Middle School Pool. Proof of residency may be required. A list of all pass holders will be kept at the pool.



Winter Swim Pass Valid Dec 1-Feb 28

	Resident	Non-Resident
Child	\$24	\$29
Family	\$59	\$71

Punch Cards

An Adult or Senior Punch Card entitles the owner admission 12 times to Open and/or Lap Swim at the North Middle School Pool. Punch cards can be purchased at the CE & Rec Office or North Middle School Pool. Cards expire one year from date of purchase. Cards are non-transferrable.

Open/Adult Lap Swim Fees Per Use

Child (3-17)	\$2.00 (under 3 Free)
Adult (18+)	\$3.00

	Resident	Non-Resident
Adult	\$35	\$42
Senior	\$28	\$34

Groups of 15 or More Please contact the CE&Rec Department at (262) 255-8460 at least two weeks prior to needed date so additional lifeguards can be scheduled.

Open/Adult Lap Swim: December 1 - February 28

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim 3:45-4:45 PM	Lap Swim 3:45-5:00 PM	Lap Swim 3:45-4:45 PM	Lap Swim 3:45-5:00 PM	Lap Swim 3:45-4:45 PM	Lap Swim 12:00-1:00 PM
Open Swim 7:00-9:00 PM	<i>Open Swim not available</i>	Open Swim 7:00-9:00 PM	<i>Open Swim not available</i>	Open Swim 7:00-9:00 PM	Open Swim 1:00-3:00 PM
Closed 12/26, 1/2	Closed 12/27	Closed 11/23, 12/28	Closed 11/24, 12/29	Closed 11/25, 12/30	Closed 11/26, 12/24, 12/31



Special Holiday Swim

Wednesday, December 28

Family Swim 2:00-4:00 PM
 Lap Swim 4:00-6:00 PM



American Red Cross Aquatic Program Level Descriptions

Parent/Child Aquatics – Ages 1 to 4 years with parent or caregiver

Parent/Child Aquatics familiarizes young children to the water and prepares them to learn to swim. It is not designed to teach children to become good swimmers or to survive in the water on their own, but gives parents safety information and teaches techniques to help orient their children to the water.

How to Determine Swim Level

- ✓ Testing is not needed if enrolling in Parent/Child Aquatics.
- ✓ If your child has not participated in swim lessons through Menomonee Falls CE & Rec, they MUST be tested before enrolling in class.
- ✓ Children may be tested, free of charge, at the North Middle School Pool during any open swim times.



PARENT CHILD	Parent/Child Level 1	Ages 1 & 2	Provides experiences and activities for children to: Learn to ask for permission before entering the water, Learn how to enter and exit the water in a safe manner, Feel comfortable in the water, Explore submerging, Explore buoyancy on the front and back position, Change body position in the water, Learn how to play safely, Experience wearing a life jacket.
	Parent/Child Level 2	Ages 3 & 4	Builds upon the skills learned in P/C Level 1 and provides experiences and activities for children to: Establish expectation for adult supervision, Learn ways to enter and exit the water safely, Explore submerging in a rhythmic pattern, Glide on the front and back with assistance, Perform combined stroke on front and back with help, Change body position in the water.
PRESCHOOL	Preschool Level 1	Ages 4 & 5 Under 42" tall	Orients children to the aquatic environment and helps them gain basic aquatic skills including: Enter and exit water using ladder, steps or side, Blow bubbles through mouth and nose, Submerge mouth, nose and eyes, Open eyes under water and retrieve submerged objects, Front and back glides and recover to a vertical position, Back float and recover to a vertical position, Roll from front to back and back to front, Tread with arm and hand actions, Alternating and simultaneous leg actions on front and back, Alternating and simultaneous arm actions on front and back, Combined arm and leg actions on front and back
	Preschool Level 2	Ages 4 & 5 Under 42" tall	Helps children develop more comfort in and around water and to gain greater independence in the following skills: Enter water by stepping in, Exit water using ladder, steps or side, Bobbing, Open eyes under water and retrieve submerged objects, Front and back floats and glides, Recover from a front or back float or glide to a vertical position, Roll from front to back and back to front, Tread water using arm and leg actions, Combined arm and leg actions on front and back, Finning arm action on back.
LEARN TO SWIM	Level 1	Ages 5 years & up At least 42" tall	Introduction to Water Skills. Helps participants feel comfortable in the water.
	Level 2	Ages 5 years & up At least 42" tall	Fundamental Aquatic Skills. Gives participants success with fundamental skills.
	Level 3	Ages 5 years & up At least 42" tall	Stroke Development. Builds on the skills in Level 2 through additional guided practice in deeper water.
	Level 4	Ages 5 years & up At least 42" tall	Stroke Improvement. Develops confidence in the skills learned and improves other aquatic skills.
	Level 5	Ages 5 years & up At least 42" tall	Stroke Refinement Provides further coordination and refinement of strokes.
	Level 6	Ages 5 years & up At least 42" tall	Swimming & Skill Proficiency. Refines the strokes so participants swim them with ease, efficiency, power and smoothness over greater distances.



SWIM LESSONS

North Middle School Pool Swim Lessons 8-Weeks | Ages 1-18 years



NOTE: You must wait until your child has completed their current swim level before registering for the next session of swim. In the event you register for an incorrect level, a \$10 fee will be charged for transfers or cancellations.

Winter II	Fee: \$44 Resident, \$55 Non-Resident						Fee: \$49 R, \$64 NR			
Level	Parent/Child 1	Parent/Child 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Mondays January 23 - March 13										
4:45 – 5:15 p.m.	15891					15935				
4:45 – 5:30 p.m.									15973	
5:20 – 5:50 p.m.				15911			15951			
5:35 – 6:20 p.m.								15969		
5:55 – 6:25 p.m.			15903		15919					
6:30 – 7:00 p.m.					15920	15936	15952			
Wednesdays January 25 - March 15										
4:45 – 5:15 p.m.			15904			15937	15953			
5:20 – 5:50 p.m.	15892				15921		15954			
5:55 – 6:25 p.m.		15897			15922		15955			
6:30 – 7:00 p.m.				15912		15938				
Fridays January 20 - March 10										
4:45 – 5:15 p.m.					15923					
4:45 – 5:30 p.m.										15975
5:20 – 5:50 p.m.			15905			15939				
5:35 – 6:20 p.m.								15970		
5:55 – 6:25 p.m.				15913			15956			
6:25 – 6:55 p.m.							15957			
6:30 – 7:00 p.m.					15924	15940				
Saturdays January 21 - March 11										
9:00 – 9:30 a.m.	15893									
9:35 – 10:05 a.m.		15898								
9:45 – 10:15 a.m.			15906				15958			
10:20 – 10:50 a.m.					15925	15941				
10:55 – 11:25 a.m.				15914			15959			
11:30 – 12:00 p.m.					15926	15942				

Pool Closures: Periodically pool closures may occur due to lightning, inclement weather, and other unforeseen incidents. When possible, classes will be rescheduled, however, refunds will not be issued for classes missed due to unforeseen pool closures. If an unforeseen pool closure should occur and the class cannot be rescheduled, a Complimentary One Time Use Family Swim Pass will be issued to each swim lesson participant.



North Middle School Pool Swim Lessons 8-Weeks | Ages 1-18 years

You may register your child for only one session of swim lessons at a time.

Level	Fee: \$44 Resident, \$55 Non-Resident						Fee: \$49 R, \$64 NR			
	Parent/ Child 1	Parent/ Child 2	Preschool 1	Preschool 2	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
Spring Session										
Mondays										
March 20 – May 22 (No class April 10, April 17)										
4:45 – 5:15 p.m.	15894					15943				
4:45 – 5:30 p.m.									15974	
5:20 – 5:50 p.m.				15915			15960			
5:35 – 6:20 p.m.								15971		
5:55 – 6:25 p.m.			15907		15927					
6:30 – 7:00 p.m.					15928	15944	15961			
Wednesdays										
April 19 – June 7										
4:45 – 5:15 p.m.			15908			15945	15962			
5:20 – 5:50 p.m.	15895				15929		15963			
5:55 – 6:25 p.m.		15899			15930		15964			
6:30 – 7:00 p.m.				15916		15947				
Fridays										
March 24 – May 19 (No class April 14)										
4:45 – 5:15 p.m.					15931					
4:45 – 5:30 p.m.										15976
5:20 – 5:50 p.m.			15909			15946				
5:35 – 6:20 p.m.								15972		
5:55 – 6:25 p.m.				15917			15965			
6:25 – 6:55 p.m.							15966			
6:30 – 7:00 p.m.					15932	15948				
Saturdays										
March 25 – May 20 (No class April 15)										
9:00 – 9:30 a.m.	15896									
9:35 – 10:05 a.m.		15900								
9:45 – 10:15 a.m.			15910				15967			
10:20 – 10:50 a.m.					15933	15949				
10:55 – 11:25 a.m.				15918			15968			
11:30 – 12:00 p.m.					15934	15950				



YOUTH ACTIVITIES & SPORTS



Aquapals

Ages 5 - 15 w/disabilities

Children with disabilities will learn and improve swimming skills with specialized swimming instruction. We provide one instructor per 3 students.

1/21-3/11	
10:10 AM	Class #15977
10:45 AM	Class #15978
11:20 AM	Class #15979

3/25-5/20*	
10:10 AM	Class #15980
10:45 AM	Class #15981
11:20 AM	Class #15982

Sat, 30m
*No class Apr 15
North Middle School Pool
R \$44 NR \$55 8 classes

Adult/Teen Swim

Ages 13+

This class is for students who have never taken swimming lessons, or who just need help with strokes or skills. Individual plans are developed to meet your needs.

1/21-3/11	Class #15983
3/25-5/20*	Class #15984

Sat, 9:00 AM, 40m
*No class Apr 15
North Middle School Pool
R \$49 NR \$64 8 classes

Let's Play & Learn Together

Miss Julie's Music Fun with Baby

Up to age 1

Your baby's brain development - mental, emotional, social, and physical - can be supported and enhanced with music and movement. This nurturing class will help you bond with your baby as you learn a new lullaby, sing and move with your infant, play peek-a-boo with scarves and connect with other parents. Please register your baby only.

2/15	Class #15808
3/29	Class #15809
4/26	Class #15810

Wed, 10:45 AM, 30m
Faith Lutheran Church, G-Town
W172 N11187 Division Rd.
Julie Thompson
R \$8 NR \$11 1 class

Miss Julie's Music Fun

Ages 1 - 3 w/adult

Through participating in music, and learning to keep the beat, your child will enhance their enjoyment and understanding of music. We will explore movement, finger plays, rhythm, and more. Please register child only. Siblings under age 1 and over age 4 may attend for free. Please indicate their name and age at time of registration. Julie Thompson is a performer, recording artist and children's author.

1/25-2/22	Class #15804
3/29-4/26	Class #15805
5/3-5/31	Class #15806

Wed, 9:45 AM, 45m
Faith Lutheran Church, G-Town
W172 N11187 Division Rd.
Julie Thompson
R \$50 NR \$60 5 classes

Time for Two Toddlers

Ages 12 - 24 mo w/adult

Through theme related games, group activities, and parachute time, your toddler will improve their social skills while increasing their self-esteem and gross motor activities. Register child only.

2/11-3/4	Class #15824
4/22-5/13	Class #15871

Sat, 10:00 AM, 30m
G-Town Dept of Public Works Bldg.
N112 W17177 Fond du Lac Ave.
Elle Huebner
R \$35 NR \$40 4 classes

Time For Two Explorers

Ages 2 - 3 w/adult

Games with themes such as: things that fly, things that swim, zoo, and beach, will spark your child's imagination as they have fun learning with their peers. Social skills, imagination, and gross motor skills will all be improved as we play, learn, and work together as a group. Register child only.

2/11-3/4	Class #15822
4/22-5/13	Class #15823

Sat, 10:45 AM, 30m
G-Town Dept. of Public Works Bldg.
N112 W17177 Fond du Lac Ave.
Elle Huebner
R \$35 NR \$40 4 classes

Firefighters Are Your Friends

Ages 3 - 6 w/adult

Spend some time with your friendly firefighters! See their clothes, what they drive and even what they eat. Parents must stay for class. Register child only.

2/16	Class #15731
3/16	Class #15732

Thu, 6:00 PM, 1h
G-Town Fire Station #2
N115 W18752 Edison
R \$6 NR \$6 1 class



Oodles of Art

Ages 1½ - 4½ w/adult

Adult and child will participate together in this hands-on art class. Through sculpting, drawing, painting, songs, story time and movement activities, your young child's imagination will soar. There will be a new theme each week. All supplies and snacks are provided. Please bring a smock for your child. If you have any questions, please contact the instructor at huebner@uwm.edu. Please register child only.

Ages 1 ½ - 2

1/19-2/9 Class #15813
3/2-3/30* Class #15814
4/27-5/18 Class #15815
Thu, 9:30 AM, 1h

Ages 1 ½ - 4 ½

1/17-2/7 Class #15819
2/28-3/28* Class #15820
4/25-5/16 Class #15821
Tue, 5:30 PM, 1h

Ages 3 - 4 ½

1/19-2/9 Class #15816
3/2-3/30* Class #15817
4/27-5/18 Class #15818
Thu, 10:45 AM, 1h

*No class Mar 21, Mar 23
G-Town Dept of Public Works Bldg.
N112 W17177 Fond du Lac Ave.
Elle Huebner
R \$35 NR \$40 4 classes

It's Party Time!

Sweetheart Party

Ages 3 - 5 w/adult

Enjoy Valentine's Day with your special little sweetheart. We will make Valentines, enjoy "loveable" activities and a sweetheart snack. Adult participation is required. Other arrangements should be made for siblings. Please register child only.

2/10 Class #15811
Fri, 6:00 PM, 1h15m
G-Town Dept. of Public Works Bldg.
N112 W17177 Fond du Lac Ave.
Elle Huebner
R \$13 NR \$15

St. Patty's Party

Ages 3 - 5 w/adult

Join us as we search for the leprechaun's pot of gold! You and your child will enjoy fun activities and have a great time making crafts, eating green snacks and playing games. Please register child only.

3/17 Class #15812
Fri, 6:00 PM, 1h15m
G-Town Dept. of Public Works Bldg.
N112 W17177 Fond du Lac Ave.
Elle Huebner
R \$13 NR \$15

Miss Julie's Spring Party

Ages 1 - 5 w/adult

This music party will feature songs to celebrate Spring with your little one. Class includes a healthy snack and a take home instrument or gift. Please register child only.

4/19 Class #15807
Wed, 1:30 PM, 1h
Faith Lutheran Church, G-Town
W172 N11187 Division Rd.
Julie Thompson
R \$12 NR \$15 1 class



Menomonee Falls 4K & 5K Enrollment

Wednesday, February 1 from 5:00 - 8:00 PM in the Ben Franklin School Gym

- Please bring your child's birth certificate along with proof of residency.
- To be eligible for 4K, the child must be 4 years old on or before September 1.
- To be eligible for 5K, the child must be 5 years old on or before September 1.

For proof of resident requirements see District Info > District Enrollment Info at sdmfschools.org. A short informational meeting and a tour of the facilities at Ben Franklin School will also be available for the 4K and 5K Programs. Times are yet to be determined. Beginning February 2, 2017, enrollment can be done at your neighborhood school.

For more information, go to sdmfschools.org



SATURDAY PROGRAMS



Too busy during the week? Check out these Saturday classes!

MFHS Varsity Dance Team Kids Clinic

Ages 5 - 13

Join the MFHS Varsity Dance Team for a morning of fun! Dancers will be split into age appropriate groups and taught dance routines and techniques. Participants will perform the routine they learn during halftime at the MFHS Varsity Basketball game on Fri., Feb. 17. NOTE: Free admission to the game is for participant only. Each participant will receive a T-shirt if registered by Feb. 10. Please wear movable clothing, hair tied back and tennis shoes.

2/11 Class #15797
Sat, 9:00 AM, 3h
HS Gym - Grey
R \$28 NR \$34 1 class

Learn Magic with Glen Gerard

Ages 8+

Professional Magician Glen Gerard teaches stunning magic tricks that you can perform with items found around the home. Students will learn sleight of hand, misdirection and showmanship. Fool your friends and family with magic and be a hit at any event.

3/4 Class #15773
Sat, 11:30 AM, 1h
G-Town Dept of Public Works Bldg.
N112 W17177 Fond du Lac Ave.
Glen Gerard, Professional Magician
R \$17 NR \$20 1 class

All Kinds of Art Fun

Grades 5K - 5

Students will participate in traditional sketching and painting, and will also jump into creating art with other tools, mediums and non typical processes. Painting to music, and painting without traditional paint brushes are just some of the other options that may be explored.

1/14-2/18 Class #15856
Sat, 10:00 AM, 1h30m
Community Center Rm 102 B
Jon Mitchell
R \$45 NR \$55 6 classes

Paper Mache Fun

Grades 5K - 5

Your child will use their imagination to create paper mache art out of common household recyclable items. We will incorporate seasons, functional and personal aspects as we create new projects.

2/25-4/1 Class #15852
Sat, 10:00 AM, 1h30m
Community Center Rm 102 B
Jon Mitchell
R \$45 NR \$55 6 classes

Pirates, Aliens, Robots and Who?

Ages 3 - 6

Alas...the Pirates have landed and are looking for their Treasure Chest! This class is filled with adventure and robots of every kind. Go on a treasure hunt with Roamer the Robot, dig up dinosaur bones with Bee Bot, rev your engines with Speedy the Race Car, land on the moon with the Aliens from outer space and much more. Students will work with several versions of LOGO Programming (simple sequence programming using numbers, shapes, colors, etc.) Guaranteed to generate smiles, giggles, and laughs at every class.

3/11-3/25 Class #15778
Sat, 9:00 AM, 1h
Community Center Rm 109
Computer Explorers Staff
R \$38 NR \$46 3 classes

Horseback Riding

Ages 7 - 17

Get ready to be absorbed into the world of horses! Students will learn proper grooming, tacking, and riding techniques in addition to gaining knowledge of general horse care. Items necessary for class: jeans or riding breeches, ankle-high boot with low heel, preferably rubber-soled (NO tennis shoes) and riding release form signed by a parent. bluespringfarms.com.

All classes are 1 hr. and held on Saturdays

1/7-1/28
1:00 PM Class #15713
2:00 PM Class #15714
R \$150 NR \$180 4 classes

2/4-2/25
1:00 PM Class #15715
2:00 PM Class #15716
R \$150 NR \$180 4 classes

3/4-3/25
1:00 PM Class #15717
2:00 PM Class #15718
R \$150 NR \$180 4 classes

5/6-5/20
1:00 PM Class #15719
2:00 PM Class #15720
R \$112 NR \$134 3 classes

Blue Spring Farm, MF
W220 N9110 Town Line Rd.
Ingrid Knippelmeyer

STEM Sampler

Ages 4 - 6

Step into the STEM Zone (Science, Technology, Engineering and Math) and sample some of the newest technology programs. Each class will explore a different concept: Engineering with LEGOS, Catapults, Digital Movie Making, Snap Circuits, or LOGO & Coding with several robots. This class is a wonderful introduction to the STEM world.

3/11-3/25 Class #15779
Sat, 10:15 AM, 1h
Community Center Rm 109
Computer Explorers Staff
R \$38 NR \$46 3 classes



STEM Sampler

Ages 7 - 12

Step into the STEM Zone (Science, Technology, Engineering and Math) and sample some of the newest technology programs. Each class will explore a different concept which could include: GPS, Video Game Design, Lego Engineering, Catapults, or Digital Movie Making.

3/11-3/25 Class #15780
Sat, 11:30 AM, 1h30m
Community Center Rm 109
Computer Explorers Staff
R \$56 NR \$70 3 classes

Fishing Clinics

Ages 3 - 15 (children under 10 must be accompanied by an adult)

Sponsored in cooperation with the Wisconsin DNR, and instructed by members of local fishing clubs (Wisconsin House Outdoorsman), your child will learn fishing safety, knot tying, and proper fishing techniques. All fishing equipment and bait will be available for use. Clinics will begin every hour starting at 9:00 AM, with the last clinic beginning at 2:00 PM. Be sure to dress accordingly, as events will be held regardless of the weather. For more information, please call (414) 263-8614.

Kids' Ice Fishing Clinic

Sat, 2/11
9:00 AM - 3:00 PM

Kids' Fishing Clinic

Sat, 4/22
9:00 AM - 3:00 PM

Clinics will be held at Menomonee Park W220 N7884 Townline Road, Menomonee Falls. The daily park entrance fee is included with clinic participation. Parking passes will be distributed at the clinic.

FREE

Snowmobile Safety

Ages 12-Adult

Sponsored by the Menomonee Falls Snowbird Snowmobile Club. A certified DNR instructor will instruct students in snowmobile operation, maintenance, laws, equipment, first-aid procedures, map reading and navigation. To register call Gary Breuckman at (414) 442-4278.

12/6 - 12/20 Wed 6:30 - 9:30 PM
1/4 - 1/18 Wed 6:30 - 9:30 PM
Riverside Cafeteria R \$10 NR \$10 3 classes

Jr Basketball League *NEW!*

Grades 4K - 2

This introductory basketball program will give your child the foundation needed to excel at future levels. This league will concentrate on skill development, teamwork, basic rule understanding, and game play. Classes will include a 30 minute practice followed by a 30 minute scrimmage game. Scores and standings will not be kept, and everyone will play.

When registering, please indicate: Child's T-shirt size, if child would like to be partnered with another child (no guarantees), and if a parent can volunteer to coach.

Register by Dec. 28 to insure your child receives a T-shirt.

REGISTRATION NOW OPEN!

1/14-2/18 Saturday, 1h
Times rotate between 9:00, 10:15 & 11:30 AM. Schedules will be emailed to participants prior to first week of class.

Grades 4K - 5K Class #15854
Grades 1 - 2 Class #15853

Community Center Gym
James Edwards
R \$32 NR \$38 6 classes



Attention Parents:

Coaches are always needed. Please let us know if you would be interested in coaching your child's team when registering your child. No experience necessary.



Jr Soccer League *NEW!*

Grades 4K - 5K

This introductory soccer program will give your child the foundation needed to excel at future levels. This league will concentrate on skill development, teamwork, basic rule understanding, and game play. Classes will include a 30 minute practice followed by a 30 minute scrimmage game. Scores and standings will not be kept, and everyone will play. When registering, please indicate child's T-shirt size, if your child would like to be partnered up with another child (no guarantees), and if parent can volunteer to coach.

Register by February 1 to insure your child receives a T-shirt.

2/25-4/1 Saturday, 1h Class #15855
Times rotate between 9:00, 10:15 & 11:30 AM. Schedules will be emailed to participants prior to first week of class.

Community Center Gym
James Edwards
R \$32 NR \$38 6 classes



YOUTH ACTIVITIES & SPORTS

KidsSports *An Active Child = A Healthy Child*

KidsSports' programs are designed to use games and activities that encourage kids to develop generic and sport-specific skills. All classes are taught by our professional and specially trained instructors that work to foster an attitude of accomplishment and positive self-esteem through age appropriate, but challenging tasks.

KidsSports SportsStart

Ages 2 - 3 ½ w/adult

Children will be introduced to various sports concepts such as throwing, catching, hitting, jumping, bouncing and more. Please register child only.

1/11-2/15 Class #15742
Wed, 5:15 PM, 40m
Community Center Gym
R \$63 NR \$75 6 classes

KidsSports MultiSport

Ages 3 ½ - 5

This program will introduce your child to basic sports techniques of soccer, baseball, football, and kickball.

1/11-2/15 Class #15741
Wed, 6:05 PM, 40m
Community Center Gym
R \$63 NR \$75 6 classes

KidsSports Baseball

Ages 2 - 5

Children will be introduced to the game of baseball, while helping them develop important skills such as throwing, catching, hitting, and base running. Please register child only.

Ages 2 - 3 ½ w/adult
3/1-4/5 Class #15739
Wed, 5:15 PM, 40m

Ages 3 ½ - 5
3/1-4/5 Class #15740
Wed, 6:05 PM, 40m

Community Center Gym
R \$63 NR \$75 6 classes

KidsSports Soccer

Ages 4 - 7

Participation in this class will help your child develop key soccer concepts primarily focused on ball control, passing, receiving, dribbling, shooting and defense. Focus will be on building a basic foundation for players to move to playing at a club level. Shin guards are recommended.

Ages 4 - 5
4/26-5/17 Class #15746
Wed, 5:15 PM, 40m

Ages 6 - 7
4/26-5/17 Class #15747
Wed, 6:05 PM, 40m

North Middle School Soccer Field
R \$50 NR \$60 4 classes



Adults & Kids

HAND IN HAND

Benefit for the MF Food Pantry

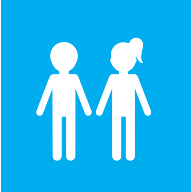
This is a great way to spend time with a child you know, or to make a new young friend as you walk Hand In Hand with a student for approximately 15 minutes. Entry fee is a non-perishable item or a monetary donation for the Menomonee Falls Food Pantry.

Friday, January 13 10:30 AM – Noon
Walk with a Riverside Student
Community Center Gym

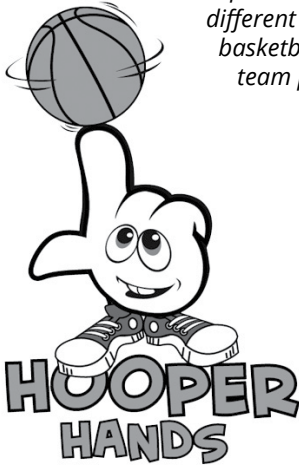
Friday, March 10 10:30 AM – Noon
Walk with a Ben Franklin Student
Ben Franklin Gym

NO REGISTRATION REQUIRED





Hooper Hands Basketball Academy strongly highlights the fundamentals of dribbling, the art of shooting, different defensive strategies, rebounding, and making good sharp passes. Along with learning the game of basketball, your child will increase their level of confidence, learn self-discipline, and inherit how to be a team player. All classes are taught by John Leavell Jr. All Classes held in the Community Center Gym.



Fundamentals of Basketball

Ages 4 - 8

This class is designed to give your child an overview of basic basketball skills. Participants will be introduced to dribbling, shooting, rebounding, and passing.

Ages 4 - 5
1/9-1/30 Class #15743
Mon, 5:30 PM, 45m

Ages 6 - 8
1/9-1/30 Class #15744
Mon, 6:20 PM, 45m

R \$55 NR \$66 4 classes

Dribble, Dribble 101

Ages 4 - 8

Class will build upon the skills learned in the Fundamentals of Basketball class. Participants will compete in different ball-handling drills, games and stations.

Ages 4 - 5
2/6-2/27 Class #15749
Mon, 5:30 PM, 45m

Ages 6 - 8
2/6-2/27 Class #15750
Mon, 6:20 PM, 45m

R \$55 NR \$66 4 classes

Dribble, Dribble 102

Ages 4 - 8

Participants are highly encouraged to have taken the Fundamentals of Basketball and Dribble, Dribble 101 classes prior to registering for this class. We will increase ball handling techniques with 1-on-1 moves to the basket along with more repetitious dribbling.

Ages 4 - 5
3/6-3/27 Class #15752
Mon, 5:30 PM, 45m

Ages 6 - 8
3/6-3/27 Class #15753
Mon, 6:20 PM, 45m

R \$55 NR \$66 4 classes

Pass-Shoot-Score Basketball

Ages 4 - 8

In this mini basketball league class, students will complete a series of different fundamental drills and skills. Participants will then be divided into teams and compete in games against each other.

Ages 4 - 5
4/3-5/1* Class #15755
Mon, 5:30 PM, 45m

Ages 6 - 8
4/3-5/1* Class #15756
Mon, 6:20 PM, 45m

*No class Apr 10
R \$55 NR \$66 4 classes

Basketball 201

Ages 9 - 11

This class will help your child develop the basic fundamentals of basketball. Participants will be introduced to various ball handling, shooting, passing and rebounding drills. Team play will also be used to showcase skills learned.

1/9-1/30 Class #15745
Mon, 7:10 PM, 50m
R \$65 NR \$78 4 classes

Dribble, Dribble 201 NEW!

Ages 9 - 11

This class will build upon the enhanced skills learned in Basketball 201. Participants will continue to work on numerous dribbling drills, skill stations, and 1-on-1 moves.

2/6-2/27 Class #15751
Mon, 7:10 PM, 50m
R \$65 NR \$78 4 classes

Dribble, Dribble 202 NEW!

Ages 9 - 11

Participants are highly encouraged to have taken both Basketball 201 and Dribble, Dribble 201. We will increase ball-handling techniques with 1-on-1 moves to the basket along with more repetitious dribbling.

3/6-3/27 Class #15754
Mon, 7:10 PM, 50m
R \$65 NR \$78 4 classes





YOUTH SPORTS & ACTIVITIES

Introduction to Archery

Ages 7 - 16 w/adult

Bulls eye! This class will give instruction to beginners or help to those wanting to improve their archery skills. Concepts of proper safety will be explained in full and enforced in class. Children must have a parent or guardian present throughout the class period. All equipment is provided or students may bring their own. No crossbows or broad head arrows are permitted. If you are providing your own equipment, please arrive 15 minutes early on the first day of class for a safety check. Park entrance is included. Please register child only.

5/3-5/31 Class #15723
Wed, 5:30 PM, 1h30m
Menomonee Park- Archery Range
W220 N7884 Town Line Rd.
Waukesha County Parks Staff
R \$48 NR \$48 5 classes

Family Dodgeball

Ages 6+ w/registered adult

Get some exercise while enjoying some family fun time. Teams will be formed on site each week. Please register each participating member of your family.

1/27-2/24 Class #15665
3/3-4/7* Class #15666

Fri, 6:30 PM, 1h
*No class Mar 24
Kennedy Middle School Gym, G-Town
W160 N11836 Crusader Ct.
R \$10 NR \$21 5 classes

Beginner Youth Golf Lessons

Ages 6 - 13

Class will focus on the fundamentals of golf, including: putting, chipping, woods, irons and simulated on-course practice. Lessons are held in groups of 6 or less, providing 1-on-1 attention. Clubs will be available if needed, or you may bring your own.

5/1-5/15 Class #15748
Mon, 6:00 PM, 1h
Wanaki Golf Course, W20830 Lisbon Rd.
R \$50 NR \$50 3 classes



Golf Lessons - Jr Academy *NEW!*

Ages 7 - 9

Kids will have fun learning the great game of golf. Fundamentals of the full swing, the short game, putting, and on course etiquette will be taught. Please bring your 7, 8, or 9 iron to the first class. Students must purchase golf balls at the range for each class. Classes will be held rain or shine.

3/13-3/29 Class #15827
Mon & Wed, 5:00 PM, 1h
Swing Time Germantown
W197 N10340 Appleton Ave.
R \$45 NR \$50 6 classes

Learn To Skate

Ages 4 - 12

Your child will develop confidence on the ice by learning forward and backward skating, turns, stops, falling and recovery. Jacket, hat and gloves are necessary and bicycle or hockey style helmets are highly recommended. Skate rental is included in the fee. Call Eble Ice Arena at 262-784-7512 for more information.

Ages 4 - 6
3/1-3/29 Class #15721

Ages 7 - 12
3/1-3/29 Class #15722

Wed, 6:45 PM, 30m
Eble Ice Arena, Brookfield
19400 W. Bluemound Rd.
R \$50 NR \$55 5 classes

Tennis - Pee Wee

Ages 4 - 7

Your little athlete will be introduced to the game of tennis. Basic skills such as forehand, backhand, and volleys will be taught and incorporated into fun games. We will use foam balls designed to bounce at a speed that is accessible for your child. Youth racquets will be provided if needed. Please bring a water bottle.

4/18-5/23 Class #15860
Tue, 5:15 PM, 45m
Community Center Gym
R \$21 NR \$26 6 classes

Tennis - Beginner

Ages 7 - 12

Students will be introduced to the game of tennis. Forehand and backhand, groundstrokes, and volleys will lead into basic games and movement around the court. The foundation taught in this class will serve the player in their development and progression to future levels. Student must provide their own racquet. Please bring a water bottle to class.

4/18-5/23 Class #15861
Tue, 6:10 PM, 50m
Community Center Gym
R \$26 NR \$31 6 classes

Tennis - Small Group

Ages 6 - 12

Small group lessons are drill tennis classes for students who need additional work on stroke or match play. A maximum of 3:1 participant to instructor ratio will ensure personalized attention. Student must provide their own racquet. Please bring a water bottle to class.

Ages 6 - 8
4/18-5/23 Class #15862

Ages 9 - 12
4/18-5/23 Class #15863

Tue, 7:10 PM, 50m
Community Center Gym
R \$30 NR \$36 6 classes



Use your \$50 Kids INC voucher toward these After School Programs!

Riverside Gym Sports

Grades 1 - 3

For Riverside students only. This after school sports program will feature a different sport each week including: basketball, kickball, dodgeball, soccer, floor hockey, and other gym class favorites. Basic drills and skills as well as fun games are included each week.

1/9-4/3 Class #15859
No class Jan 23, Feb 20, Mar 6
Mon, 3:40 PM, 45m
Community Center Gym
R \$25 NR \$25 10 classes

Karate Kidz

Grades 5K - 5

This important program will teach kids how to stay safe by using non-aggressive, proven-effective, self-defense techniques and strategies. Students will participate in real-world role playing scenarios and games focused on fun. Conflict avoidance is advocated over physical defense. Kids will learn to set verbal boundaries, defend themselves by identifying trouble before it happens, and de-escalate situations before they become physical. They will also learn about vital life skills such as discipline, respect, self-confidence, self-esteem, compassion and more. Sensei Stan has over 30 years of martial arts, self-defense, and safety experience.

2/2-3/23 Class #15874
Thu, 3:50 PM, 1h
Ben Franklin Cafeteria
Sensei Stan
R \$79 NR \$79 8 classes



Bricks 4 Kidz - Galaxy Far Away *NEW!*

Grades 5K - 5

Your child will learn, build and play with LEGO bricks. Join us on an adventurous journey as we learn about space. Students will build a rocket, and blast through the atmosphere into a realm that is truly out of this world. We'll build models that represent spacecraft from your favorite space movie, and build a world where rebels and the dark side start epic battles.

2/14-3/21 Class #15873
Tue, 3:50 PM, 1h
Ben Franklin Rm 131
R \$79 NR \$79 6 classes



Chess Scholars Chess Club

Grades 5K - 5

Great for beginners or experienced young players, each class will consist of a fun interactive teaching period and guided practice time. New and returning participants are welcome and will get to the next level under the guidance of an experienced Chess Scholars Coach. Children will have an opportunity to test for a Chess Belt under a unique Chess Scholars system patterned after martial arts belts. Please bring your own snacks. No peanut products please.

All classes take place from 3:50 - 4:50 PM

Ben Franklin Rm 131 - Monday
1/9-3/20* Class #15621
3/27-6/5* Class #15622

Riverside Rm 214 - Tuesday
2/7-3/28 Class #15623
4/4-5/30* Class #15624

Shady Lane Rm 148 - Thursday
2/9-3/30 Class #15625
4/6-6/1* Class #15626

Valley View Library - Friday
1/27-3/17 Class #15627
3/24-5/19* Class #15628

*No class Jan 23, Feb 20, Mar 6,
Apr 10 - Apr 17, May 29
Chess Scholars Staff
R \$99 NR \$99 8 classes



Lets Build It *NEW!*

Grades 1 - 5

In this STEM program, students will be building mouse trap type chain reaction machines featuring levers, pulleys, and other simple machines. Engineering and physics concepts will be introduced and reinforced through hands on, innovative lessons and creative play time. The final class will include a building competition. Previous experience is not necessary, just a desire to learn and build. Each student will have the opportunity to earn Energy Belts to demonstrate their learned skills.

Ben Franklin Rm 131 - Tuesday
4/25-5/30 Class #15879
3:50 - 4:50 PM

Riverside Rm 214 - Friday
2/17-3/24 Class #15880
4/7-5/19* Class #15881
3:50 - 4:50 PM

Shady Lane Lower Level - Wednesday
2/22-3/29 Class #15884
4/26-5/31 Class #15885
2:35 - 3:35 PM

Valley View Cafeteria - Thursday
2/9-3/16 Class #15882
4/20-5/25 Class #15883
3:50 - 4:50 PM

*No class Apr 14
Afterschool Enrichment Solutions Staff
R \$99 NR \$99 6 classes



AFTER SCHOOL PROGRAMS

Guitar Stars

Grades 1 - 5

No previous knowledge of guitar or music is necessary. Your child will learn the fundamentals of guitar playing, including holding the guitar and pick, proper fret-hand finger position, sight reading, playing by ear and playing basic songs. Returning students will be taught chords and other harmony parts to accompany the class. Student must supply their own guitar.

All classes take place from 3:50 - 4:50 PM

Shady Lane Library - Tuesday
2/21-3/28 Class #15648
4/25-5/30 Class #15649

Valley View Cafeteria - Monday
1/30-3/20* Class #15650
3/27-5/15* Class #15651

*No class Feb 20, Mar 6, Apr 10, Apr 17
Afterschool Enrichment Solutions Staff
R \$109 NR \$109 6 classes

Stage Stars

Grades 5K - 5

Students will learn theater terms, and goals of characters while acting in short skits and playing theater games. Every student will play at least one lead role per session. Parents are invited to see their children perform on the last day of class. No previous acting experience is necessary.

All classes take place from 3:50 - 4:50 PM

Ben Franklin Rm 131 - Friday
2/17-3/24 Class #15644
4/21-6/2* Class #15645

Riverside Rm 111 - Thursday
2/9-3/16 Class #15646
4/20-5/25 Class #15647

* No class May 26
Afterschool Enrichment Solutions Staff
R \$95 NR \$95 6 classes



Take Off With Spanish!

Grades 5K - 5

This dynamic class will include practical travel vocabulary and important conversation elements including how to order at a restaurant. Class is appropriate for students with or without previous Spanish experience.

All classes take place from 3:50 - 4:50 pm

Ben Franklin Rm 131 - Thursday
2/9-3/30 Class #15652

Riverside Rm 214 - Monday
2/6-4/24* Class #15653

Shady Lane Lower Level - Tuesday
2/14-4/4 Class #15655

Valley View Cafeteria - Tuesday
2/14-4/4 Class #15654

*No class Feb 20, Mar 6, Apr 10, Apr 17
Futura Language Professionals Staff
R \$124 NR \$124 8 classes



Young Rembrandts Drawing - 4K

Ages 4 - 6

We grow creative, young minds and praise individual differences through the Power of Drawing. Unlock your child's potential and watch their confidence blossom as they develop skills critical to tomorrow's innovators. Your child will enjoy learning through our award winning, educational drawing program. All supplies are included. Additional information can be found at youngrembrandts.com. All new lessons are taught each session!

All classes take place from
11:50 - 12:35 PM

1/17-2/21 Class #15629
3/7-4/18* Class #15630
4/25-5/30 Class #15631

*No class Apr 11
Ben Franklin Rm 131
Don Eisenhower, Program Director
R \$74 NR \$74 6 classes

Young Rembrandts Drawing

Grades 5K - 5

We grow creative, young minds and praise individual differences through the Power of Drawing. Unlock your child's potential and watch their confidence blossom as they develop skills critical to tomorrow's innovators. With brand new lessons each week, your child will enjoy learning through our award winning, educational drawing program. All supplies are included. Additional information can be found at youngrembrandts.com. New lessons taught each session.

All classes held Wed. 2:35 - 3:35 PM

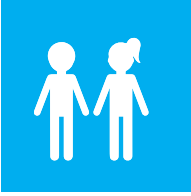
Ben Franklin Rm 131
1/18-2/22 Class #15632
3/8-4/19* Class #15633
4/26-5/31 Class #15634

Riverside Rm 107
1/18-2/22 Class #15635
3/8-4/19* Class #15636
4/26-5/31 Class #15637

Shady Lane Rm 121
1/18-2/22 Class #15638
3/8-4/19* Class #15639
4/26-5/31 Class #15640

Valley View Cafeteria
1/18-2/22 Class #15641
3/8-4/19* Class #15642
4/26-5/31 Class #15643

* No class Apr 12
Don Eisenhower, Program Director
R \$79 NR \$79 6 classes



Babysitter Training – American Red Cross

Ages 11 - 18

Created by industry-leading experts, this class will cover a wide range of information that can help new babysitters gain the skills and confidence needed to care for infants and children. Along with basic child care and first aid, students will learn how to recognize, understand and handle behavior issues, how to stay safe, what to do in an emergency, and how to start their own babysitting business. Participants will receive certification upon successful completion of the class. See Cancellation/Refund information below. Please send a lunch with your child.

- 1/21 Class #15662 (Cancel by 1/5 for refund)
- 3/11 Class #15663 (Cancel by 2/23 for refund)

Sat, 9:00 AM, 7h30m
 Community Center Rm 106
 American Red Cross Staff
 R \$99 NR \$119 1 class



Basic First Aid for Kids

Ages 8 - 14

Your child will have fun while learning the basics of what to do in case of an emergency. Bandaging, burn care, and calling 911, will be some of the topics covered.

- 2/6 Class #15733
- 3/6 Class #15734

Mon, 6:00 PM, 1h
 Germantown Fire Station #2
 N115 W18752 Edison
 R \$6 NR \$6 1 class

Tap & Ballet

Age 4 - 6

Not only is dance fun, it will help your child learn timing, rhythm and coordination. Dance skills will be taught, reviewed and then combined into dances. All participants are recommended to have a black leotard and tap and ballet shoes. Parents are welcome to attend the first day of class for additional information, and the last day to observe their child's progress. Miss Cindy has been teaching dance for the CE & Rec Dept. for over 25 years.

Age 4 Class #15830
 Tue, 4:30 PM, 50m

Age 5 - 6 Class #15831
 Tue, 5:30 PM, 50m

1/10-3/28
 Community Center Rm 2 LL
 Miss Cindy Orlando
 R \$49 NR \$59 12 classes

Mix It Up Dance

Ages 4 - 9

No previous dance experience is required, just a desire to dance and have fun. Participants will receive technique training and learn routines in different styles of dance. Parents are welcome to attend the final class only.

Ages 4 - 5 Class #15769
 Wed, 6:15 PM, 30m
 R \$23 NR \$28 6 classes

Ages 6 - 9 Class #15770
 Wed, 6:50 PM, 45m
 R \$27 NR \$33 6 classes

1/18-2/22
 Community Center Rm 102 A
 Jennifer Nagy, Former MFHS Dance Coach

TaeKwonDo

Ages 7+

TaeKwonDo combines exercise, meditation, respect and self-discipline as you learn one of the most popular forms of martial arts in the world today. NOTE: At the end of each session there will be an option for each student to test for their next rank at an additional cost. See instructor for further information.

1/10-3/30 Class #15616
 R \$62 NR \$74 24 classes

4/18-5/25 Class #15617
 R \$31 NR \$37 12 classes

Tue & Thu, 6:00 PM, 1h
 Community Center Rm 102 A
 James Donne, Black Belt

Oops, we made a mistake!

Occasionally there may be an error in our Activity Guide. If an error occurs, our staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding.



YOUTH ACTIVITIES & SPORTS

Beginning Guitar

Ages 6+

This class is intended for students who are new to guitar, and will provide a strong technical foundation. We will begin with a scale and simple melodies, and progress to strumming chords and playing songs. You don't need to know how to read music to participate in this class. Please bring your guitar and pick. All other materials will be provided. Students ages 6 - 9 must get consent from the instructor prior to registering by calling 414-628-7627.

2/15-3/22 Class #15771
4/5-5/10 Class #15772

Wed, 6:00 PM, 50m
Rockfield Music & Media
N132 W17225 Rockfield Rd.
Guy Fiorentini
R \$62 NR \$67 6 classes

Kids Martial Arts - SURGE

Ages 4 - 14

This entertaining and interactive course will teach your child the fundamentals of martial arts and invaluable life skills such as listening, respect, focus and concentration, confidence, self-discipline and self-defense. Courses are age specific for maximum fun and learning. Your child may attend any or all class times offered.

Ages 4 - 6
1/10-2/11 Class #15669
3/21-4/20 Class #15670
Tue, Thu, 4:45 PM / Sat, 11:30 AM, 45m

Ages 7 - 14
1/9-2/10 Class #15671
3/20-4/21 Class #15672
Mon, Wed, Fri, 5:45 PM, 45m

SURGE Martial Arts
N56 W14044 Silver Spring Dr., MF
Neil Rajadhyaksha, Master Instructor
R \$39 NR \$47 15 classes

Easy Defense for Kids

Ages 6 - 14

This fun and informative class will boost your child's self-confidence as they learn several defensive skills, strategies, and basic karate techniques to help keep them safe from bullies. The focus here is on avoiding trouble with a bully before it escalates into a physical confrontation. Sensei Stan has over 30 years of martial arts, self-defense, and safety experience.

3/13 Class #15619
Mon, 5:45 PM, 45m
Community Center Rm 106
Sensei Stan
R \$12 NR \$14 1 class



We've Gone Social!



Driver's Education Program

The CE & Rec Department and just drive have teamed up to offer a Driver's Education Program at Menomonee Falls High School.

About just drive

- Classes completed in three weeks
- 30 hours classroom, 6 hours driving, 6 hours observation
- PowerPoint driven curriculum
- Fun and dynamic instructors
- Fully insured, DOT certified
- Students can start at age 14-1/2
- Classes run Monday - Friday



Upcoming Schedule at MFHS

Jan. 9 - Jan. 27	4:30 - 6:30 PM
Feb. 6 - Feb. 24	4:30 - 6:30 PM
Mar. 6 - Mar. 24	4:30 - 6:30 PM
Mar. 27 - April 24	4:30 - 6:30 PM

No class April 10 - 17

Questions? Contact just drive at (262) 437-7300 or see their website for details

Register online at www.justdriveWI.com



What is the Teen Center?

Grades 6-12

Located in the Community Center

The Teen Center provides a safe, supervised, active, healthy and fun environment for youth, which promotes positive choices and an environment free of alcohol and other drugs. Activities include:

- Pool Table, Air Hockey, Ping Pong
- Cards, Video Games, Computers
- Basketball
- Concessions, Special Events and Dances

NEW!

Friday Night Special Events

- Jan. 13 Movie / Trivia
- Feb. 10 Glow in the Dark Dance Party
- Mar. 17 March Madness
- June 2 End of School Year Party

Hours for 2016 - 2017

Fridays / Grades 6-8

6:30 to 10:00 PM

September 9 - June 2

No program 12/23, 12/30, 4/7, 4/14, 5/26

Students must be picked up by 10:00 PM

Saturdays / Grades 6-12

6:30 to 10:00 PM

October 1 - May 20

No program 12/24, 12/31, 4/8, 4/15, 5/27

Students must be picked up by 10:00 PM

Fees

Annual Registration (June - May)

- An annual registration fee of \$7 per participant is required.
- Annual registration can be completed online, at the CE & Rec office, or completed at the Teen Center with a parent or guardian present.

Class #15065

Fees are payable at door:

- \$3 Resident / \$5 Non-Resident



What is a TPass?

TPass allows students free nightly admission to the Teen Center for an entire semester. Annual \$7 registration is still required.

Semester 2 - \$25

Class #15433



Any student wishing to exit the building prior to 9:45 must have a parent or guardian sign them out.

A student car pooling with a friend will be allowed to leave with the parent or guardian of that friend. Once a student leaves, he or she will not be allowed back into the Teen Center for the remainder of the evening. All students must be picked up by 10:00 p.m.

11TH ANNUAL

MIDDLE SCHOOL LOCK-IN

BASKETBALL | SWIMMING | INFLATABLES | DJ DYLAN | PRIZES AND MORE!

\$10 if registered by May 12
\$15 at the door

Class #16008

MAY 12, 2017

7:00 TO 10:00 PM
NORTH MIDDLE SCHOOL

The Illusionists - Live from Broadway

Ages 30+

Join us as we head to the Marcus Center to see The Illusionists, Live from Broadway! This mind blowing spectacular showcases the jaw dropping talents of seven of the most incredible illusionists on earth. This non-stop show is packed with thrilling and sophisticated magic of unprecedented proportions. Prior to the show, we will enjoy dinner at the Water Street Brewery. Please indicate your choice of Reuben Sandwich, BBQ Bacon Burger or Grilled Chicken Salad at time of registration. Register by January 6.

Registration is currently taking place.

Thursday, February 16 Class #15435

Sign-In 4:15 PM
 Bus Leaves 4:30 PM
 Bus Returns 10:45 PM

Community Center Parking Lot
 R \$94 NR \$99

Mamma Mia - The Farewell Tour

Ages 30+

Our bus is headed to the Fox Cities PAC in Appleton to see Mamma Mia the Musical. A funny tale unfolds on a Greek island paradise where a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter and friendship. Enhance your fun and make it a Mother Daughter trip to celebrate Mother's Day. We will enjoy lunch prior to the show at Pullmans where you will have a choice of Chopped Salad, French Dip Sandwich or Chicken BLT Wrap. Please indicate your meal choice when registering. Register by February 17.

Saturday, May 13 Class #15886

Sign-In 10:15 AM
 Bus Leaves 10:30 AM
 Bus Returns 6:30 PM

Community Center Parking Lot
 R \$129 NR \$134



Trip Refund Policy. We understand that plans can change and you may not be able to attend a trip for which you have registered. However, refunds can only be given if we can register someone from our waiting list to take your place.

Registration Requirement. For emergency purposes, the name and phone number of your doctor is required when registering.

Transportation. All trips travel by coach bus unless specified.

COLLETTE TOURS PRESENTS ...

Travel to America's Music Cities

October 8 - October 15, 2017

Do you love music? This meeting will give you an overview of our upcoming trip to America's most famed musical cities. Revel in the sound of the Blues, Jazz, Country, and Rock N' Roll, as we travel to New Orleans, Memphis and Nashville. Sign up within 48 hours of this presentation and receive \$50 off the price of the trip.

Informational Meeting Only
 Wednesday, January 25, 5:30 - 6:30 PM, Community Center Rm. 123

To register, call Lori at 262-255-8469

Successful Tips for Managing Your Weight

Ages 18+

Low Fat? Low Carb? Gluten Free? Exercise? Managing your weight is complicated. Dr. Weber will help simplify various weight management principles as well as explain the latest science behind the most successful approaches.

2/7 Class #15839
 Tue, 6:30 PM, 1h
 G-Town Library
 N112 W16957 Mequon Rd.

FREE, but registration is required
 1 class

Stay Fit While You Sit

Ages 18+

Americans spend millions of hours each year sitting on the job. Managers, receptionists, computer operators and many others may develop problems like neck and back pain or Carpal Tunnel Syndrome. Dr. Brenda Holland will teach you how to improve these health issues and more through natural means. You will also learn exercises that can be done during your breaks to help increase performance and productivity.

3/8 Class #15835
 Wed, 6:15 PM, 1h
 G-Town Library
 N112 W16957 Mequon Rd.

FREE, but registration is required
 1 class



Before You Start Any Exercise Program ...

- Before you start any exercise program you should consult with your physician.
- If you have health restrictions—please notify your instructor.
- Proper warm-up prevents injuries!
- Arrive at class promptly.
- Make arrangements for your children. Childcare is not provided.
- Participants should wear proper attire: Good aerobic shoes and clothing that permits movement.
- Participants may want to bring a water bottle and towel to class.



EZ Defense for Women

Ages 18+

(Ages 16-17 may register w/adult)

Turn fear into power! Learn how to assess danger, become assertive, set clear verbal boundaries, and prevent physical attacks. You will also learn several defensive techniques that are easy to memorize and extremely effective in a real-life situation.

3/13 Class #15620
 Mon, 6:45 PM, 1h45m
 Community Center Rm 106
 Sensei Stan
 R \$20 NR \$24 1 class

Belly Dance - Beginner

Ages 16+

Shimmy your way to fitness and health. Learn the basics of Belly Dancing while increasing strength, flexibility and improving posture. Have fun and discover your inner goddess through this ancient dance form. Great for any age, size or fitness level. No prior dance experience necessary.

1/18-2/22 Class #15659
 3/8-4/12 Class #15660
 4/26-5/31 Class #15661

Wed, 6:00 PM, 1h
 G-Town Dept of Public Works Bldg.
 N112 W17177 Fond du Lac Ave.
 Kelley Kling
 R \$33 NR \$48 6 classes



Belly Dance - Level 2

Ages 16+

For students who have completed at least two sessions of Beginning Belly Dance. This class will build on the techniques and movements already learned, and will introduce and focus on traveling, transitions, layering, choreography and improvisational skills. Middle Eastern rhythms and cultural aspects of the dance will be covered, as well as instruction in zill (Finger Cymbal) playing. The instructor will provide zills (required) for a one time fee of \$17.00.

1/18-2/22 Class #15656
 3/8-4/12 Class #15657
 4/26-5/31 Class #15658

Wed, 7:15 PM, 1h
 G-Town Dept of Public Works Bldg.
 N112 W17177 Fond du Lac Ave.
 Kelley Kling
 R \$38 NR \$55 6 classes

Open Gym Co-ed Volleyball

Ages 14+

A drop in fee of \$3 for residents and \$5 for non-residents is due to the gym supervisor at entry. Cash only. Pre-registration is not required. You do not need to be a player in our leagues to participate.

1/4-5/31
 No program Apr 12
 May 10 held at North Middle School
 Wed, 7:30 PM, 2h
 Community Center Gym



Open Volleyball is held on Monday or Wednesday, year-round. Please check our website for locations and times at fallsrec.org > Adults > Athletics.

Adult Tap & Jazz *NEW!*

Ages 18+

It's never too late to learn to dance! Students will learn basic tap and jazz steps, have fun, and also get some great exercise. You do not need tap shoes for the first class. Miss Cindy has more than 25 years experience with our department.

1/10-3/28 Class #15872
 Tue, 6:30 PM, 1h
 Community Center Rm 2 LL
 Cindy Orlando
 R \$59 NR \$71 12 classes

Kickboxing

Ages 14+

SURGE Kickboxing / Self Defense focuses on developing core kickboxing techniques into repetitive and pragmatic movements that develop muscle memory to help you alter the outcome of a dangerous encounter. This class is also a fun and a fantastic way to get in shape. You may attend any or all class times offered.

1/9-2/10 Class #15667
3/20-4/21 Class #15668

Mon, Tue, Wed, Fri, 6:45 PM, 1h
Surge Martial Arts, MF
N56 W14044 Silver Spring Dr.
Neil Rajadhyaksha, Master Instructor
R \$39 NR \$47 20 classes

Running 101

Ages 18+

No running experience? No problem. This 45 minute class leads new runners through non-competitive, run/walk interval workouts leading up to a 5K! Workouts range from 1.5 to 3.1 miles. Running 101 is perfect for the novice runner looking to complete his/her first 5K. Participants should be comfortable walking 2 miles continuously.

4/10-5/22 Class #15709
Mon, 6:00 PM, 45m
Kinderberg Park, G-Town
Buckthorn Dr.
R \$44 NR \$54 7 classes

Pickleball - Open

Ages 18+

A drop in fee of \$3 for residents and non-residents is due to the gym supervisor at entry. Cash only. Pre-registration is not required.

4/5-5/24
Wed, 6:30 PM, 2h
Kennedy Middle School Gym, G-Town
W160 N11836 Crusader Ct.
R \$3 NR \$3

Adult Golf Lessons

Ages 18+

You are never too old to learn one of the greatest games ever played. These classes are intended to teach students how to swing and help you feel comfortable when playing. We will focus on the full swing, short game, and putting. Training aids, video analysis, and handouts will be used to help speed the learning. Please bring along a 6,7,8 or 9 iron to the first class. Students must purchase golf balls at the range. Classes will be held rain or shine.

3/31-5/5 Class #15826
Fri, 9:00 AM, 1h
Swing Time Golf Range, G-town
W197 N10340 Appleton Ave.
R \$62 NR \$67 5 classes

Body Basics

Ages 18+

Work toward personal fitness goals at your own pace in a supportive group environment. You will learn basic exercises using resistance tubing, free weights, barbells, body bars and stability balls. Safe techniques are used while participating in exercises that will increase the muscle and bone strength needed to increase fat burning ability and decrease the risk of osteoporosis.

1/10-2/23 Class #15678
R \$49 NR \$59 14 classes
Senior Price - R \$39.20 N/R \$47.20

3/14-5/25* Class #15679
R \$65 NR \$78 20 classes
Senior Price - R \$52 N/R \$62.40

Tue & Thu, 7:15 PM, 50m
*No class Apr 11, Apr 13
Community Center Rm 4 LL
Anita Kress-Marx



Adult Spring And Summer Sport Leagues

Ages 18+

All leagues feature: One fee for all teams, No separate player fees, No residency restrictions, and easy to use online player registration.

Softball

Coed and Men's Inseam leagues are available. Tuesday - Friday nights beginning in April.

Team contracts are due Wed, March 1.

Basketball

Monday Competitive, and Wednesday Recreational leagues are available. League begins in June.

Team contracts are due Wed, May 3.

Don't have a team? We keep a Free Agent list to help teams needing players. Contact Dan at 262-255-8460 or zerodan@sdmfsschools.org with your name, week night preference, level of competition, phone and email contact information.

Team paperwork and league information can be found at fallsrec.org > Adults > Athletics



NOTE: Team contracts cannot be done online, and must be turned into the CE & Rec office.



Inclement Weather Cancellations

For information regarding class cancellations due to bad weather, call (262) 255-8376.

Indoor Cycling

Ages 18+

This class utilizes indoor stationary bikes, upbeat music, and a variety of body movement and cadence strategies to provide an awesome, low-impact exercise experience. Throughout this session you will be challenged to increase your cardiovascular fitness, strengthen muscle, and increase your endurance. Your instructor will push you to your fitness goals. Includes warm-up, cool-down, and stretching components. Perfect for all ages and fitness levels. Please bring a water bottle, towel, and hard-soled tennis, running, or cycling shoes. Padded bike seats or padded shorts are recommended but not required.

1/9-3/8 Class #15689
3/20-5/24* Class #15690

Mon & Wed, 6:25 PM, 1h
*No class Apr 10, Apr 12
Community Center Rm 4 LL
John Gerkhardt
R \$85 NR \$102 18 classes
Senior Price - R \$68 N/R \$81.60

Step Aerobics

Ages 18+

Step your way to a healthier you with this low impact, high energy workout. This dynamic class includes warm up, cardio, strength training, body toning and flexibility segments. Burn calories, build endurance and have FUN! Steps are provided.

1/10-3/9 Class #15680
R \$59 NR \$71 18 classes
Senior Price - R \$47.20 N/R \$56.80

3/21-5/25* Class #15681
R \$52 NR \$63 16 classes
Senior Price - R \$41.60 N/R \$50.40

Tue & Thu, 5:45 PM, 1h15m
* No class Apr 11, 13, 25, 27
Community Center Rm 4 LL
Pamela Oliveresen

Resistance Training

Ages 18+

Interval training is used to maximize fat burning by raising and lowering the heart rate throughout the workout. To accomplish this, we use weight lifting exercises and circuit training concepts with exercise variations, repetitions and tempo changes. By mixing weights with an aerobic workout you can burn off fat and build muscle strength. Weight lifting experience is required.

1/9-3/8 Class #15682
3/20-5/24* Class #15683

Mon & Wed, 5:25 PM, 55m
*No class Apr 10, Apr 12
Community Center Rm 4 LL
Julinda Prekop
R \$59 NR \$71 18 classes
Senior Price - R \$47.20 N/R \$56.80

Zumba

Ages 18+

Have fun while getting fit in this fast Latin inspired dance fitness program. You may even learn a few moves for the dance floor! All fitness levels are welcome, and no dance experience is necessary.

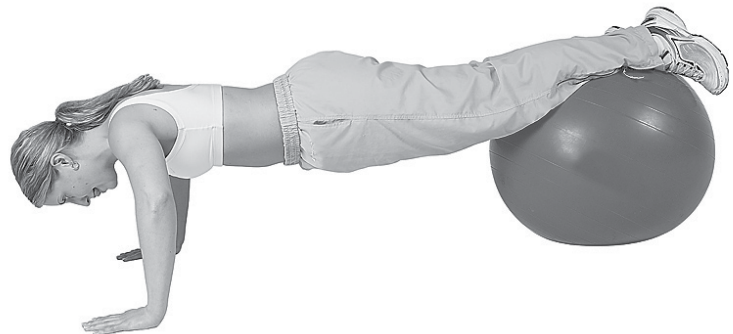
1/12-3/9* Class #15832
3/23-5/25* Class #15833

Thu, 5:45 PM, 1h
*No class Jan 19, Apr 13, May 11
Community Center Gym
Melissa Backhaus
R \$29 NR \$35 8 classes
Senior Price - R \$23.20 N/R \$28

Zumba Gold

Ages 18+

Zumba Gold is the low impact version of Zumba
(See page 34)



Indoor Walking

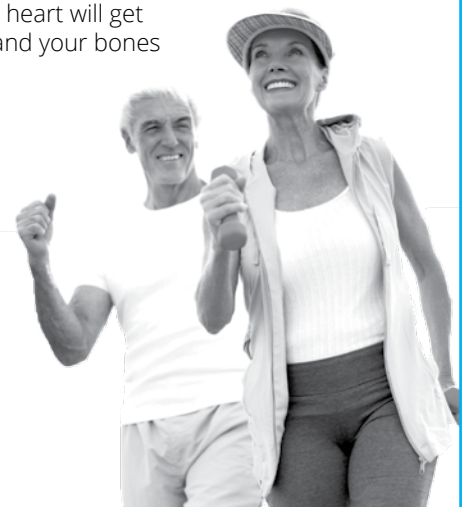
There are many great reasons to walk. Your heart will get stronger, you'll lower your blood pressure, and your bones will get stronger. Walking also eases stress, helps you sleep better, and can boost your outlook on life.

The Home Depot – Menomonee Falls

N92 W18375 Thunder Ridge

Monday – Friday, 9:00 AM – 11:00 AM
October 3 through March 31
Walking not available: Dec 19-Jan 2

FREE, please sign in at the main doors



Rubber Stamping/ Card Making

Ages 18+

Put your creativity to work and let's make some fantastic stamping projects. This program is great for the beginner or experienced stamper. Many new projects will be demonstrated each week. **Plus \$6 fee per week for supplies.**

1/9-2/13 Class #15836
2/27-4/3 Class #15837
4/17-5/22 Class #15838

Mon, 7:00 PM, 2h
Community Center Rm 2 & 3 LL
Diane Tritz
R \$23 NR \$27 6 classes
Senior Price - R \$18.40 N/R \$21.60

Knitting

Ages 18+

(See Page 35)

Create Your Own Garden Art *NEW!*

Ages 18+

Interested in adding some dazzle to your garden? This class will let you create your very own garden art flower from recycled materials such as plates, bowls and drawer knobs. Bring the creativity and we'll supply all the materials needed. Great gift idea for Mothers Day. Class fee includes 1 garden art flower.

4/29 Class #15687
5/6 Class #15688

Sat, 10:00 AM, 1h
Wendland Nursery, G-Town
W177 N10415 Division Rd.
R \$17 NR \$22 1 class

*Learn Something
New This Year!*



Container Gardening

Ages 18+

Have you ever wanted to try container gardening? Learn which soils are best, the needed fertilizers, how to choose the proper container size, and more. Choose from a variety of annuals, vegetables, or herbs to create your own special 15" container during class.

5/13 Class #15684
5/20 Class #15685
6/3 Class #15686

Sat, 10:00 AM, 1h
Wendland Nursery, G-Town
W177 N10415 Division Rd.
R \$17 NR \$22 1 class

Introduction to Backyard Beekeeping

Ages 18+

Find out what the 'buzz' is all about! If you are new to beekeeping, this class will help you understand what the process entails, how to get started, and where to find helpful resources. No live bees will be present in class.

4/3 Class #15673
Mon, 6:30 PM, 1h30m
Community Center Rm 106
Hannah Heinritz
R \$15 NR \$18 1 class

Beyond the Basics of Beekeeping

Ages 18+

For those a-buzz with excitement about keeping bees. You will be taught more in-depth about seasonal maintenance of bees, what to do when inspecting your hive, and how to respond when common issues arise. Although video footage of hives will be shown, no live bees will be present.

4/24-5/1 Class #15674
Mon, 6:30 PM, 1h30m
Community Center Rm 106
Hannah Heinritz
R \$30 NR \$36 2 classes

Repel Bugs the Natural Way

Ages 18+

Tell mosquitoes to "Bug Off" without all the harsh chemicals. Learn how to make all natural repellent and how to identify plants and natural products that can relieve painful stings.

5/8 Class #15675
Mon, 6:30 PM, 1h30m
Community Center Rm 106
Hannah Heinritz
R \$19 NR \$23 1 class



Inclement Weather Cancellations

For information regarding class cancellations due to bad weather, call (262) 255-8376.

Watercolor Techniques

Ages 18+
(See Page 35)

Drawing Portraits from Photographs

Ages 18+
Anyone can learn the technique of drawing lifelike images from photographs. Once your photo has been duplicated, outlining and shading will be used to create a portrait. Please bring a photo to class. All supplies can be purchased in class for \$5.00

1/24-2/28 Class #15726
3/7-4/18* Class #15727

*No class April 11

Tue, 10:00 AM, 1h30m
Community Center Rm 106
Barbara Kelsey
R \$31 NR \$37 6 classes



Learn to Wood Carve

Ages 11+
Bring your sense of humor, and join local author and artist, Greg Young, as he teaches the basics of woodcarving. You will learn various carving and sharpening techniques, and carve some fun projects. Please bring a carving or filleting glove which can be found at any local outdoor store such as Fleet Farm. Please call the instructor with any questions at 414-573-6008.

Snowman Pin
1/16 Class #15844

Valentine Ornament
2/6 Class #15845

Leprechaun Ornament
3/6 Class #15846

Mon, 6:00 PM, 2h30m
G-Town Senior Center
W162 N11795 Park Ave.
Greg Young
R \$27 NR \$37 1 class

Purchasing a Home or Condo

Ages 18+
In the market for a new home? Learn the difference between a traditional real estate agent and a buyer's agent for representation. How important is it to have a market analysis prior to writing an offer? Learn about mortgage pre-approval, inspection, gap insurance, how to write an offer, and more.

2/1 Class #15866
5/3 Class #15867

Wed, 6:30 PM, 1h30m
Community Center Rm 106
Kathleen Golembiewski

FREE, but registration is required
1 class

Selling Your Home

Ages 18+
Sell your home fast and with the best results! Licensed Realtors will provide essential information about the selling process including; how deferred maintenance effects the marketing, how to negotiate defects determined by the home inspector, what questions need to be answered prior to listing a property, and answers about hiring an attorney, the title company and the home warranty.

1/30 Class #15864
5/1 Class #15865

Mon, 6:30 PM, 1h30m
Community Center Rm 106
Kathleen Golembiewski

FREE, but registration is required
1 class

Retirement Investing

Ages 18+
Looking to grow your assets for your retirement? Learn the fundamental principles of investing taught in the spirit of Benjamin Graham, billionaire Warren Buffett's mentor! The class will use Graham's classic book, The Intelligent Investor, as a guide.

2/15 Class #15887
4/5 Class #15888

Wed, 6:00 PM, 1h30m
Community Center Rm 106
Adam Ryback, Financial Advisor

FREE, but registration is required
1 class

Beginners Conversational French **NEW!**

Ages 16+
Explore the cultural richness of the French world through basic language. A communicative approach incorporating listening, speaking, short readings, and writing, teaches you to talk about family, preferences, daily routines, shopping and how to order in a restaurant.

2/27-3/27 Class #15870
Mon, 6:00 PM, 1h30m

Community Center Rm 120
Fiona Rowe-Keefe
R \$49 NR \$59 5 classes

The Rise and Fall of Rome

Ages 18+

This course will include a short lecture on the history of Ancient Rome. It will then provide participants with the opportunity to listen to and comment on a recent National Public Radio interview with a British scholar of Roman history who has noted striking parallels between developments in Roman society and the current American situation. We will conclude with group discussion of these points. Learners of all ages are welcome.

3/14 Class #15618
Tue, 7:30 PM, 2h
Community Center Rm 123
Deborah Nash
R \$21 NR \$25 1 class

DIY European Travel

Ages 18+

You don't need to spend a lot of money, or need a guide, to travel to most European countries. Our instructor has traveled to Europe on a regular basis, including 19 trips to Paris. Learn her strategies such as: how to travel light yet be well dressed, how to use public transportation and railroads, which words and phrases to learn in the foreign language, how and why to rent an apartment for as few as 4 days, currency conversion and much more.

2/24 Class #15692
Fri, 10:00 AM, 2h
Community Center Rm 123
Kathi Miller
R \$14 NR \$17 1 class

Money Saving Travel Tips

Ages 18+

Would you like to stay in a tree house in Costa Rica? Do you know how to get lodging in Madison for a sold-out Badger game? Would you care to travel in style, in a sedan with leather seats, for less than half the price of a taxi? We'll discuss helpful websites, handy apps, and creative solutions that will save you money and help you discover amazing travel experiences you would have otherwise overlooked.

2/7 Class #15829
Tue, 6:00 PM, 1h30m
Survive Alive House, G-Town
N115 W18700 Edison
Heather Dorsey
R \$15 NR \$17 1 class

Social Media: What's New?

Ages 18+

Facebook may have been the first big name in social media, but many have departed for Instagram, Vine, Twitter, Snapchat, Google Plus, Pinterest and Tumblr, among others. We'll discuss some of these platforms and more. Learn what your kids are up to and what may be useful or fun for your own use. Ages 13 - 17 are welcome to take class with a registered adult.

2/28 Class #15828
Tue, 6:00 PM, 1h30m
Survive Alive House, G-Town
N115 W18700 Edison
Heather Dorsey
R \$15 NR \$17 1 class

iPad / iPhone - Tips, Tricks & Techniques

Ages 18+

This class is specific to Apple devices. Learn useful tips, tricks and techniques to navigate, organize, backup, and add useful apps to your iPhone, iPad, or iPad Mini.

2/22 Class #15801
Wed, 6:30 PM, 2h
Community Center Rm 123
C.T. Kruger
R \$15 NR \$18 1 class



You Have Pictures in Your Camera - Now What?

Ages 18+

We have hundreds - if not thousands of pictures in our cameras, smartphones and computers. Now what? Learn how to save pictures from your camera and smartphone to your computer and The Cloud, how to organize, view and archive your pictures from any device, and best printing options.

2/15 Class #15800
Wed, 6:30 PM, 2h
Community Center Rm 123
C.T. Kruger
R \$15 NR \$18 1 class

Digital Pictures for Beginners

Ages 18+

Do you have a digital camera and are unable to do anything but point and shoot? Bring your camera and manual to class and learn about framing, exposure, flash usage, features, deleting, previewing, resolution and storage cards. You will be printing pictures at class.

2/6-2/7 Class #15725
Mon & Tue, 9:30 AM, 2h
Community Center Rm 123
R \$16 NR \$21 2 classes

Enjoy Walking Outdoors at the MF High School Track

Open Monday - Friday, dawn to dusk. Note! Track will not be available if there is snow on the ground or if there is a HS athletic event taking place. Enter by the main gate.

FREE, registration is not required



Advanced Digital Photography - Exposure

Ages 18+

Learn how to use your camera's exposure modes and functions in various situations such as: sports, portraits, low light, and more. This class is ideal for people who have purchased interchangeable lens (DSLR) cameras, or have an advanced digital camera with program, shutter / aperture priority, and manual exposure modes. Please bring your camera and instruction manual to class.

3/1 Class #15802
Wed, 6:30 PM, 2h
Community Center Rm 123
C.T. Kruger
R \$19 NR \$23 1 class

Advanced Photography - Lenses & Lights

Ages 18+

This is an excellent follow-up for students who have attended either Advanced Digital Photography Techniques or Advanced Digital Photography - Exposure. If you have interchangeable lens (DSLR) cameras, or have an advanced digital camera with program, shutter / aperture priority, and manual exposure, this workshop will help you understand lens selections and use, use of existing light and flash, and composition ideas. Please bring your camera and instruction manual to class.

3/8 Class #15803
Wed, 6:30 PM, 2h
Community Center Rm 123
C.T. Kruger
R \$19 NR \$23 1 class



Is Clutter Stressing You Out?

Organizing Old Photos

Ages 18+

How many boxes of old photos are sitting in your closet or basement? Are you ready to start dealing with them, so you can enjoy them again? Bring 1 or 2 boxes or bags of your old photos to class. You'll receive help deciding what to keep, what to toss and how to organize what's left.

1/20 Class #15691
Fri, 10:00 AM, 2h
Community Center Rm 123
Kathi Miller, The Clutter Coach
R \$14 NR \$17 1 class

How to Stay Organized

Ages 18+

You've taken some classes, read some books, gone through your belongings and donated what seemed like a lot of stuff. Yet, the clutter returns. Learn the skills needed to maintain a clutter-free life. Re-evaluate what's most important to you. This class is specifically designed for people who have already done some downsizing.

1/28 Class #15699
Sat, 10:00 AM, 2h
G-Town Library
N112 W16957 Mequon Rd.
Kathi Miller, The Clutter Coach
R \$14 NR \$17 1 class

Declutter Your Garage & Basement

Ages 18+

Turn your basement and garage back into useful storage. This class will help you rethink how much stuff you really need in your life. Learn how to decide what to keep, discard, or donate, and how to organize what's left. This course would be great for spouses who can't seem to get rid of anything!

3/17 Class #15693
Fri, 10:00 AM, 2h
Community Center Rm 123
Kathi Miller, The Clutter Coach
R \$14 NR \$17 1 class

Conquer Paper and Electronic Clutter

Ages 18+

Overflowing Inbox? Piles of paper you're afraid to toss? Wondering whether scanning documents is a good use of your time and energy? This class tackles these dilemmas and more. Learn an easy system to handle all your correspondences, at home and in the workplace. Transform the chaos into order.

4/1 Class #15700
Sat, 10:30 AM, 2h
G-Town Library
N112 W16957 Mequon Rd.
Kathi Miller, The Clutter Coach
R \$14 NR \$17 1 class

Tai Chi - True Beginner**Tai Chi - Plus****Ages 18+**

(See Page 33)

Flow Yoga**Ages 16+**

This is an invigorating class designed to create strength and flexibility within the body, and focus within the mind. The poses are linked together and synchronized with the breath. We will flow through postures connecting each sequence with a sun salutation to keep the body engaged and warm throughout the practice. Please bring a mat to class.

1/14-2/18 Class #15694
2/25-4/1 Class #15695

Sat, 9:00 AM, 1h15m
Community Center Rm 123
Melissa Teske
R \$49 NR \$59 6 classes

Restorative Yoga**Ages 16+**

This class is deeply calming and therapeutic. Movements are slower and poses are held longer, allowing your mind to become quiet and return to a state of balance, while gently stretching and opening the body. Please bring a mat to class.

1/9-3/6 Class #15676
3/20-5/22* Class #15677

Mon, 7:00 PM, 1h15m
*No class April 10
Community Center Rm 123
Melissa Teske
R \$74 NR \$89 9 classes

Gentle Vinyasa Flow Yoga**Ages 18+**

Movements are introduced to a variety of postures and breath work within a moderate pace flow. Focus is on breath and body awareness while moving thru yoga postures with a healthy alignment. Please bring mat to class.

1/10-3/7* Class #15774
R \$46 NR \$55 7 classes
Senior Price - R \$36.80 N/R \$44

3/21-5/23* Class #15775
R \$59 NR \$71 9 classes
Senior Price - R \$47.20 N/R \$56.80

Tue, 5:45 PM, 1h15m
*No class Jan 31, Feb 7, Apr 11
Community Center Rm 123
Maren Olinski

Easy Yoga**Ages 18+**

(See Page 33)

Designing the Life of Your Dreams 2**Ages 16+**

Learn powerful techniques for coping with behaviors or beliefs that may stand in the way of your happiness. Discover how to access the alpha state, the power of imagery, using your personal truth detector, and learning EFT.

4/18-5/9 Class #15698
Tue, 6:00 PM, 1h15m
Community Center Rm 109
Kate Hunt-Matthes
R \$57 NR \$68 4 classes

Introduction to Meditation**Ages 16+**

Are you constantly feeling overwhelmed and stressed? Learn how meditation can center your mind and calm your body. You will learn two methods of meditation that are used by millions of people all over the world. Common stumbling blocks and how to overcome them will also be covered. Please bring a blanket and pillow to class.

3/14-4/4 Class #15697
Tue, 6:00 PM, 1h15m
Community Center Rm 109
Kate Hunt-Matthes
R \$57 NR \$68 4 classes

Relax, Renew, Rejuvenate**Ages 18+**

Have you heard that over 80% of doctors' office visits are stress related? Learn ways to neutralize the negative effects of anxiety and stress through breathing techniques, relaxation exercises, and imagery and mindfulness practices. Please bring a pillow and blanket to class.

2/7-2/28 Class #15696
Tue, 6:00 PM, 1h15m
Community Center Rm 109
Kate Hunt-Matthes
R \$57 NR \$68 4 classes

Daily Health, Nutrition and Vitality**Ages 18+**

Everyday people ask how they can become healthy, live better and have more energy. There is not a magic potion, lotion or pill. It is your habits. In this workshop we will discuss steps you can use in your daily life to help you win the battle and start living healthier today.

2/8 Class #15834
Wed, 6:15 PM, 1h
G-Town Library
N112 W16957 Mequon Rd.
Dr. Brenda Holland
FREE, but registration is required
1 class





Senior Center Mission Statement

To advocate for and enhance the opportunities of senior citizens to ensure their dignity and respect in the community.



For more information on Adults 55+ programs, call Lori Oertel, Senior Supervisor at (262) 255-8469 Monday-Friday 8:00 a.m. – 4:30 p.m.

Menomonee Falls Senior Center

Open Monday-Friday 8:00 AM-4:30 PM

The Senior Center will be closed November 24-25, Dec. 26-Jan 2, April 14, May 29

- Our programs are open to all residents and non-residents ages 55+.
- Programs consist of a variety of services and activities in such areas as education, creative arts, recreation, health and nutrition, leisure, and entertainment.
- The center includes media information for seniors, pool table, card playing lounge and a lending library stocked by the older adults.
- The Community Center's facilities and parking lot are handicap accessible.

Bus Service

Ages 60 and over and adults with developmental disabilities

Sunday 8:00 AM – 1:00 PM
Monday - Friday 9:00 AM – 2:00 PM

\$2 each way for local trips. Rides are available for medical appointments, shopping, County Meal site, recreation activities, etc.

1st Thursday only

Rides will be provided to and from Brookfield Square. Pick-up begins at 9:30 a.m., with arrival at Brookfield Square about 11:00 a.m. Pick-up at Brookfield Square will be at 1:00 p.m.

Every Monday

Every Monday the bus takes passengers to Mequon Rd. in Germantown from 9:00 a.m. to 1:30 p.m.

For more information or to make a reservation, please call Johnson Bus Co. at (262) 251-4230, Monday – Friday. Ride requests must be made at least one day in advance.

Eirenicon Club

Ages 55+

Eirenicon Club meetings include entertainment or guest speakers, refreshments, cards, bingo and socializing. A Christmas party, anniversary party and an annual picnic are open to members only. For more information, please contact Marilyn Fenske at (262) 251-2732. Dues include a bi-monthly newsletter. Sign up is also available at the meetings.

1st & 3rd Wed. of the Month
1:00 PM Community Center Rm 102
\$14 per year

Sing Along

Ages 55+

Anyone who likes to sing is welcome. A good voice is not required!

1st & 3rd Wed. of the Month at 10:30 AM
Community Center Rm 106

FREE

Yarn Needed

Donated yarn will be used to create items for families in need. Yarn donations can be dropped at the Senior Center.



**Nutrition Site-
Lunch Program**

Monday-Friday, served at Noon at the Community Center



All older adults 60+ are welcome to enjoy a delicious lunch at the nutrition site.

Registration for the meal is **REQUIRED** one day in advance. Reserve in person or by phone at (262) 251-3406 between 9:30 a.m. and 12:30 p.m. You are encouraged to make a donation based on what you can afford – suggested amount of \$4.00.

A menu is available at the nutrition site or online at fallsrec.org. The nutrition site is sponsored by the Aging & Disability Resource Center of Waukesha County.



ADULTS 55+

Help Those in Need

Warm Up America

Do you like to knit and crochet? With your help we can help those in need. Use your time and talent to create 7" x 9" rectangles in the comfort of your home. Yarn is available at the Senior Center if needed. You can drop off your completed rectangles at the Community Center Monday through Friday, 8 AM to 4:30 PM.

Afgan Assembly

If you would like to help assemble the squares into afghans, you can join our friendly group on Tuesdays between 9:30 - 11:00 AM, Room 106.

Low/No Vision Support Group

Ages 18+

Join our friendly fun group for those with impaired vision. Learn new things, listen to speakers, and make new friends with others who understand your concerns.

Mon 10:00 AM 1hr
2/13, 3/13, 4/10, 5/8
Community Center Rm 106

FREE, Registration not required

Toe Nail Trimmers

Ages 55+

We have registered nurses who are specially trained to trim nails. No soaking of feet is needed.

Registration is required by calling (262) 719-0336.

Wed 8:30 AM - 4:30 PM
Community Center Rm 102A
\$27 each visit
Make check payable to Toe Nail Trimmers



Inclement Weather Cancellations

For information regarding class cancellations due to bad weather, call (262) 255-8376.

Bunko!

Ages 55+

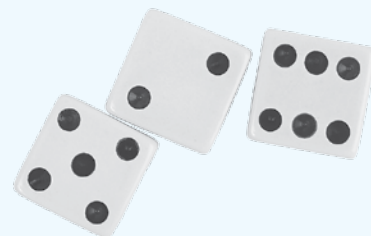
This fast paced dice game is easy enough for anyone to play. No experience necessary. Instruction will be provided to those new to the game. You might even win a prize!

Wednesdays 9:30 - 11:30 AM

1/11, 1/25, 2/8, 2/22, 3/8, 3/22,
4/12, 4/26, 5/10, 5/24

Community Center Rm 106

\$1.00 for kitty



Books Are Us

Ages 18+

Join our special group of book lovers. Everyone gets to give their thoughts and point of view. Discussions are lively and thought provoking. For the current book selection or additional information, call Mary Jo at (262) 251-8917.

Wed 1:00 PM 1hr 30m
The Classics 1/11, 2/8, 3/8, 4/12, 5/10
Book Lover 1/25, 2/22, 3/22, 4/26, 5/24
Community Center Rm 106

FREE, Registration not required

Blood Pressure Check

Ages 55+

Continuous high blood pressure is a serious condition. Blood pressure can be controlled in most cases, but you need to monitor your pressure. Come in for a free check-up every month to help yourself stay healthy.

Mon, 10:30 AM - Noon
1/16, 2/20, 3/20, 4/17, 5/15
Community Center Rm 139
Marie Simek, LPN

FREE, Registration not required

Sit & Knit

Ages 40+

If you have any kind of handwork or unfinished knitting or crochet projects, but have lost your motivation to complete them, or you would like to start a new project, this drop-in group is for you! Meet new friends, relax, and visit, as you work on your project.

Wed 1:00 PM 2h 30m
1/25, 2/22, 3/22, 4/26, 5/24
Community Center 102B

FREE, Registration not required





Work in the schools in exchange for property tax credit ...

Senior Tax Exchange Program (STEP)

Ages 62+

We are pleased to offer the Senior Tax Exchange Program (STEP) through which older adults are given the opportunity to work in the School District and apply their paid earnings toward payment of property taxes.

The CE & Rec Department recognizes and welcomes the many talents and gifts of our older adults. You must be 62 years or older, receive Social Security, and own taxable property within the School District of Menomonee Falls boundaries. You will be compensated for a maximum of 65 hours per household or up to \$423 per year. There are 30 positions available.

Apply between March 1 and July 1 for the 2017-2016 school year. All applications must be turned in by July 1 to be considered.

If you are interested in this program, please contact Lori Oertel at (262) 255-8469 for an application. All applicants will be interviewed and matched with a position that takes into account their interests. Desired positions will be submitted by school district personnel.



Tai Chi - True Beginner

Ages 18+

This simple, gentle, slow moving exercise form will help you relieve stress, while improving your balance, flexibility, and coordination. Tai Chi is a mindful, directed body empowered exercise for all ages.

1/3-2/7 Class #15848
2/21-3/28 Class #15849

Tue, 12:30 PM, 1h
Community Center Rm 4 LL
Virginia Mathias
R \$37 NR \$45 6 classes

Tai Chi - Plus

Ages 18+

Designed for students that have experience with Tai Chi, and are looking for a continued challenge. You will learn new forms, while taking your practice deeper.

1/3-2/7 Class #15850
2/21-3/28 Class #15851

Tue, 11:00 AM, 1h
Community Center Rm 4 LL
Virginia Mathias
R \$37 NR \$45 6 classes

Easy Yoga

Ages 18+

This gentle yoga class will emphasize alignment, stretching, and calming of the mind. Includes breath work, strengthening movement, soothing stretches and strategies for conscious relaxation. You will leave class relaxed and refreshed. Please bring a yoga mat and water bottle to class.

Mon, 1/9-3/6, 45m
10:30 AM Class #15785
11:30 AM Class #15787

Wed, 1/11-3/8, 45m
10:30 AM Class #15789

R \$32 NR \$38 9 classes
Senior Price - R \$25.60 N/R \$30.40

Mon, 3/20-5/15*, 45m
10:30 AM Class #15786
11:30 AM Class #15788

Wed, 3/22-5/17*, 45m
10:30 AM Class #15790

*No class Apr 10, Apr 12
R \$28 NR \$34 8 classes
Senior Price - R \$22.40 N/R \$27.20

Community Center Rm 4 LL
Carmen Bond

Wednesday BINGO Blast

BINGO BLAST!

Age 55+

No money needed. Non-cash prizes will be awarded.

Wednesday, March 29 1:15-2:30 PM
Sponsored by Silverado

Wednesday, May 31 1:15-2:30 PM
Sponsored by Menomonee Place

Community Center Rm 102
FREE, no registration required





ADULTS 55+

Yoga Without a Mat

Ages 18+

Increase flexibility, strength and balance without getting up and down on a mat. Safe and effective seated and standing yoga poses will be presented. A chair will be available if needed. This is an excellent format for people who need extra modifications to be successful.

1/11-3/8 Class #15791
R \$32 NR \$38 9 classes
Senior Price - R \$25.60 N/R \$30.40

3/22-5/17* Class #15792
R \$28 NR \$34 8 classes
Senior Price - R \$22.40 N/R \$27.20

Wed, 11:30 AM, 45m
* No class Apr 12
Community Center Rm 4 LL
Carmen Bond

Wake Up Work Out

Ages 55+

This low impact work out is a great way to keep your body limber and in good health. We will exercise to maintain flexibility and muscle tone.

Tue, 8:30 AM, 1h
1/10-3/7 Class #15840
3/21-5/23* Class #15841

Thu, 8:30 AM, 1h
1/12-3/9 Class #15842
3/23-5/25* Class #15843

No class Apr 11, Apr 13
Community Center Rm 4 LL
R \$37 NR \$44 9 classes



Thursday BINGO

Ages 55+

Each player receives two cards.
We will play 10 games.

Thursdays 1:15-2:30 PM
1/5, 1/19, 2/2, 2/16, 3/2, 3/16, 4/6, 4/20, 5/4, 5/18

\$2.00 Cash, paid day of game
Community Center Rm 102

BINGO!



Zumba Gold

Ages 18+

Zumba Gold is the low impact version of the original Latin inspired dance fitness program, Zumba. Classes will emphasize the basics, and have been modified for the active older adult, the beginning participant, or other special populations that may need modifications for success. Please bring a water bottle to class.

1/9-3/6 Class #15781
Mon, 9:30 AM, 45m
R \$32 NR \$38 9 classes

3/20-5/15* Class #15782
Mon, 9:30 AM, 45m
R \$28 NR \$34 8 classes

1/11-3/8 Class #15783
Wed, 9:30 AM, 45m
R \$32 NR \$38 9 classes

3/22-5/17* Class #15784
Wed, 9:30 AM, 45m
R \$28 NR \$34 8 classes
Community Center Rm 4 LL
*No class Apr 10, Apr 12
Carmen Bond

Dartball

Ages 30+

Both men and women are welcome to enjoy the fun and laughter as we play the game of dartball, a baseball game where bases are scored by throwing darts at a board. No experience needed. Join our league and sharpen your skills while forming new friendships.

1/9-4/24 Class #15724
No class Apr 10
Mon, 1:00 PM, 1h30m
Community Center Rm 2 LL
R \$9 NR \$9 15 classes

AARP Smart Driver Class

Ages 55+

As time goes by, roads change, cars and the technology inside them change, even people behind the wheel have changed. If we don't keep up with these changes, we put others and ourselves at risk. This course will cover new traffic laws and rules of the road, defensive driving techniques, proven safety strategies, and more. There will be a break during the class.

4/20 Class #15799
Thu, 8:30 AM, 4h
Community Center Rm 123
Marie Renn
\$18, AARP Member Class #15798
\$23, AARP Non-Member Class #15799
1 class



Drawing Portraits from Photographs

Ages 18+

Anyone can learn the technique of drawing lifelike images from photographs. Once your photo has been duplicated, outlining and shading will be used to create a portrait. Please bring a photo to class. All supplies can be purchased in class for \$5.00

1/24-2/28 Class #15726
3/7-4/11 Class #15727

Tue, 10:00 AM, 1h30m
Community Center Rm 106
Barbara Kelsey
R \$31 NR \$37 6 classes

Digital Pictures for Beginners

Ages 18+

Do you have a digital camera and are unable to do anything but point and shoot? Bring your camera and manual to class and learn about framing, exposure, flash usage, features, deleting, previewing, resolution and storage cards. You will be printing pictures at class.

2/6-2/7 Class #15725
Mon & Tue, 9:30 AM, 2h
Community Center Rm 123
R \$16 NR \$21 2 classes

Watercolor Techniques

Ages 18+

Class will focus on a range of techniques, paper usage, color and individual creative style. Perspective and values of form will also be touched on. A suggested supply list is available at the CE & Rec office, or at www.fallsrec.org.

3/2-5/11* Class #15729
Thu, 9:30 AM, 2h

3/2-5/11* Class #15730
Thu, 12:30 PM, 2h

*No class April 13
Community Center Rm 106
Nancy Lohmiller
R \$59 NR \$71 10 classes

Oil Painting

Ages 18+

Love the idea of painting with oils but don't know where to start? Are you a painter with unfinished work? Learn techniques to obtain certain effects, and get helpful suggestions to make your painting look amazing. Our instructor will also assist you with composition, color mixing, technique and more. A suggested supply list is available at the CE & Rec office, or at www.fallsrec.org.

3/17-5/26 Class #15728
No class Apr 14
Fri, 9:30 AM, 2h
Community Center Rm 106
Simone Rogina
R \$62 NR \$75 10 classes



Knitting

Ages 18+

All talent levels are welcome. Learn about the different qualities of yarn, knitting needles, and how to read a pattern. Each participant will choose a personal project to work on during class and will receive help as needed. You will also be taught some useful knitting tricks. Please bring size 8 needles and 4-ply yarn if this is your first class.

Tue, 9:30 AM, 2h
1/3-3/7 Class #15735
3/14-5/23* Class #15737
R \$69 NR \$79 10 classes

Thu, 9:30 AM, 2h
1/5-3/9 Class #15736
R \$69 NR \$79 10 classes

3/16-5/25* Class #15738
R \$64 NR \$74 9 classes

* No class Apr 11, Apr 13, May 11
Community Center Rm 102 A
Shirley Mattson



— Smile! —

For program promotional purposes, photographs may be taken of participants. If you do not wish to have your photo taken, please notify the photographer and/or class instructor.

**Employment Opportunities
CE & Rec Department**

For position availability and instructions on how to apply, go to fallsrec.org and select *CE & Rec Employment* from the left column.





ADULTS 55+

Let's Get Away for the Day! **NEW!**

The Illusionists- Live from Broadway

Ages 30+

Join us as we head to the Marcus Center to see The Illusionists, Live from Broadway! This mind blowing spectacular showcases the jaw dropping talents of seven of the most incredible illusionists on earth. This non-stop show is packed with thrilling and sophisticated magic of unprecedented proportions. Prior to the show, we will enjoy dinner at the Water Street Brewery. Please indicate your choice of Reuben Sandwich, BBQ Bacon Burger or Grilled Chicken Salad at time of registration. Register by January 6.

Registration is currently taking place!

Thursday, Feb 16 Class #15435
Sign-In 4:15 PM
Bus Leaves 4:30 PM
Bus Returns 10:45 PM

Community Center Parking Lot
R \$94 NR \$99

Mamma Mia- The Farewell Tour

Ages 30+

Our bus is headed to the Fox Cities PAC in Appleton to see Mamma Mia the Musical. A funny tale unfolds on a Greek island paradise where a daughter's quest to discover the identity of her father brings three men from her mother's past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter and friendship. Enhance your fun and make it a Mother Daughter trip to celebrate Mother's Day. We will enjoy

lunch prior to the show at Pullmans where you will have a choice of Chopped Salad, French Dip Sandwich or Chicken BLT Wrap. Please indicate your meal choice when registering. Register by February 17.

Saturday, May 13 Class #15886

Sign-In 10:15 AM
Bus Leaves 10:30 AM
Bus Returns 6:30 PM

Community Center Parking Lot
R \$129 NR \$134

Milwaukee Icons Trip

Ages 55+

Join us as we explore some of the businesses that have shaped Milwaukee. Our first stop will be one of the most popular tourist destinations in Wisconsin, The Harley-Davidson Museum. View more than 450 motorcycles and artifacts, hear

stories of extraordinary products, people, history, the Harley-Davidson culture, and more. We will stay at the museum where we will enjoy lunch at the Motor Bar & Restaurant. Please indicate your choice of Chicken Caesar Salad, Motor Burger or BBQ Pork Sandwich when registering. Our next stop is Palermos' Pizza for a factory tour and a sample of pizza. Our last stop will be Old World Third Street for some on-your-own shopping at Milwaukee favorites like Usinger's and the Spice House. Register by March 1.

Wednesday, March 15 Class #15875

Sign-In 8:45 AM
Bus Leaves 9:00 AM
Bus Returns 5:30 PM

Community Center Parking Lot
R \$74 NR \$79

COLLETTE TOURS PRESENTS ...

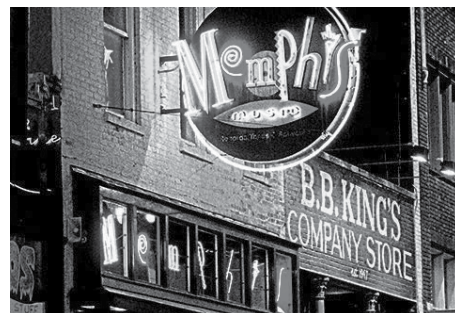
Travel to America's Music Cities New Orleans, Memphis and Nashville

October 8 - October 15, 2017

Do you love music? This meeting will give you an overview of our upcoming trip to America's most famed musical cities. Revel in the sound of the Blues, Jazz, Country, and Rock N' Roll, as we travel to New Orleans, Memphis and Nashville. Sign up within 48 hours of this presentation and receive \$50 off the price of the trip.

Informational Meeting Only
Wednesday, January 25, 5:30 - 6:30 PM, Community Center Rm. 123

To register, call Lori at 262-255-8469



Trip Refund Policy. We understand that plans can change and you may not be able to attend a trip for which you have registered. However, refunds can only be given if we can register someone from our waiting list to take your place.

Registration Requirement. For emergency purposes, the name and phone number of your doctor is required when registering.

Transportation. All trips travel by coach bus unless specified.



South Pacific-Fireside Theatre

Ages 55+

Forty years ago the Fireside Dinner Theatre opened with their first production: South Pacific. Join us as we help them celebrate their anniversary with dinner and the same production. Rogers and Hammerstein's South Pacific, is a story of love, heroism, courage, optimism, and America. Set during World War II, this epic tale is told with humor, passion, beauty, action, and one of Broadway's most impressive musical scores featuring such unforgettable songs as "Some Enchanted Evening," "I'm Gonna Wash That Man Right Out of My Hair", "There is Nothing Like a Dame", and more. On the way to the Fireside we will be stopping at the Jones Dairy Farm Outlet. Sign in at 7:45am. The bus will leave promptly at 8:00am. Register by March 24.

Wednesday, April 26 Class #15868

Sign-In 7:45 AM
 Bus Leaves 8:00 AM
 Bus Returns 5:30 PM

Community Center Parking Lot
 R \$94 NR \$99

Siberian Outpost and Wade House

Ages 55+

Our history filled day will begin with a trip to Fond du Llac and the Siberian Outpost, where we explore the sport of dog sledding. Visit with the dogs while our guide teaches us about sledding, the history of the Iditarod and the training for winter's most interesting sport. Our afternoon will take us to the Wade House for a horse-drawn wagon ride back in time. We will tour the Wade House Stagecoach Hotel, Dockstader Blacksmith Shop, Herrling Sawmill and the Jung Carriage Museum. Prior to the tour we will enjoy lunch at the Wade House Butternut Café. Please indicate your choice of Ham sourdough sandwich, Turkey on a garlic herb wrap or Veggies on a garlic herb wrap, when registering. We will finish the day at one of our favorite spots, Kelley's Country Creamery, for an on-our-own ice cream treat. Register by May 1.

Wednesday, May 24 Class #15876

Sign-In 7:00 AM
 Bus Leaves 7:15 AM
 Bus Returns 4:30 PM

Community Center Parking Lot
 R \$64 NR \$69

Maggie Mae and the Heartland Country Band

Ages 55+

Yeekaw! We are headed to Maggie Mae and Roger Hillard's farm in Oxford, Wisconsin for an old fashioned barn dance show featuring Maggie Mae and the Heartland Country Band. We will gather in the barn for some good old country music, dancing, eating, and just good old fashioned fun. Prior to the show, we will enjoy a wonderful buffet lunch of roast beef, BBQ chicken, red potatoes, carrots, cowboy beans, salads, cornbread and dessert. Register by May 5.

Thursday, June 15 Class #15869

Sign-In 9:15 AM
 Bus Leaves 9:30 AM
 Bus Returns 5:30 PM

Community Center Parking Lot
 R \$74 NR \$79

Indoor Walking

There are many great reasons to walk. Your heart will get stronger, you'll lower your blood pressure, and your bones will get stronger. Walking also eases stress, helps you sleep better, and can boost your outlook on life. Walk at a brisk pace for 30 minutes or more on most days.

The Home Depot – Menomonee Falls
 N92 W18375 Thunder Ridge

Monday – Friday, 9:00 AM – 11:00 AM
 October 3 through March 31
 Walking not available Dec 19 – Jan 2.

FREE, please sign-in at the main doors



Spring Luncheon

Ages 55+

Sponsored by the Menomonee Falls High School Student council, this spring luncheon will include bingo. Bring a friend and enjoy this wonderful event.

Sunday, April 23
 11:00 AM - 2:00 PM
 MF High School Cafeteria

FREE, No registration necessary



ADULTS 55+

Enjoy Walking Outdoors at the MF High School Track

Open Monday - Friday, dawn to dusk. Note! Track will not be available if there is snow on the ground or if there is a HS athletic event taking place. Enter by the main gate

FREE, registration is not required



Are You Ready For Medicare?

Ages 55+

Will you or a family member be eligible for Medicare this year? If so, please join us as we explain Medicare in easy to understand language. Any questions you may have will be addressed, and you will leave with solid information about available options, how to qualify for extra help, and information about the "Donut Hole".

1/12 Class #15710
3/9 Class #15711
5/18 Class #15712

Thu, 7:00 PM, 1h30m
Community Center Rm 123
Jeff Martin, Platinum Benefits
FREE, but registration is required.
1 class

Hearing Loss Information

Ages 18+

Sponsored by Sonus Hearing Care.

February 13 Class #15857
Are you concerned that you may be suffering hearing loss? Receive a free hearing check.

April 10 Class #15858
An audiologist will be on hand to answer any questions you may have regarding hearing loss. The first 5 people to register will receive a free hearing aid cleaning and check.

Mon, 11:00 AM, 1h
Community Center Rm 102 A
FREE, but registration is required

Adults & Kids

HAND IN HAND

Benefit for the MF Food Pantry

This is a great way to spend time with a child you know, or to make a new young friend as you walk Hand In Hand with a student for approximately 15 minutes. Entry fee is a non-perishable item or a monetary donation for the Menomonee Falls Food Pantry.

Friday, January 13

Walk with a Riverside Student
10:30 AM - Noon
Community Center Gym

Friday, March 10

Walk with a Ben Franklin Student
10:30 AM - Noon
Ben Franklin Gym

NO REGISTRATION REQUIRED



Thank You to Our Sponsors!

The Menomonee Falls Senior Enrichment Fair Committee would like to thank the following sponsors for helping to make the 8th annual fair a success for our seniors.

Allay Home & Hospice
Assisting Hands Home Care
Bridges Home Health
Community Care Inc.
Costco Wholesale
Falls Patio Players
Home Helpers of Greater Milwaukee

Lutheran Social Services
Marcus Theatres
My Choice Family Care
Riverview Village
Seniors Helping Seniors
Tender Reflections
Zounds Hearing of Bayside



Help Fill Easter Eggs

Ages 18+

Help is needed to fill plastic eggs for the Menomonee Falls Annual Childrens' Easter Egg Hunt held at Village Park.

Enjoy coffee and cake after all of the eggs are filled.

Monday, March 7
9:30 AM – 11:30 AM
Community Center Rm 102A

Pre-register by calling
262-255-8460



**Volunteer
VoICE**
in Community Education



Voice is a central source for volunteerism in Menomonee Falls. We connect individuals and groups with meaningful opportunities that benefit the schools and community.

If you have a need for a volunteer, or would like to be a volunteer and make a difference, please contact Lori Oertel (262) 255-8469, or email Oertlor@sdmfschools.org.

Game Time!

No program 12/23, 12/26-1/2, 4/14, 5/29

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sheepshead 12:00-3:00 Rm. 106</p> <p>American Mah Jongg 12:00-3:30 Rm 102A / 123</p> <p>Hand and Foot* 1:00-3:00 Rm 102B</p>	<p>Bridge - Seasoned 1:00-3:00 Rm 106</p> <p>Mexican Train Dominos* 1:00-3:30 Rm 102A</p>	<p>Bunko!* 9:30-11:30 Rm 106 \$1.00 for kitty 1/11, 1/25, 2/8, 2/22, 3/8, 3/22, 4/12, 4/26, 5/10, 5/24</p>	<p>Bridge - Intermediate 1:00-3:30 Rm 106</p> <p>Scrabble* 1:00-3:30 Rm 106/102A</p>	<p>Cribbage* 9:30-11:30 Rm 102A</p> <p>Sheepshead 12:00-3:00 Rm. 106</p> <p>Bridge - Seasoned 1:00-3:00 Rm 102A</p> <p>Mexican Train Dominos* 1:00-3:30 Rm 106</p>



* Beginners welcome.



COMMUNITY SERVICES & EVENTS

Wisconsin Home Energy Assistance Program

Ages 18+

Do you live in Waukesha County and need home energy assistance? This is an income based benefit. Qualifying applicants will receive a credit toward your entire energy bill.

Applicants must provide: Proof of income, Social Security numbers for all residents in your home, photo ID, a current heating and electric bill, and verification of the previous 3 months of income. If heat is included in your rent, you must bring a rent statement or letter from your landlord confirming that heat is included with your rent.

To see if you qualify, call 1-800-506-5596 to make an appointment with one a Waukesha County representative.

Representatives will be at the MF Community Center (9:00 am - 1:00 pm) 1/10, 2/14, 3/14, 4/11, 5/9

Food Pantry

N85 W15382 Menomonee River Pkwy.
Open: Tuesday & Thursday
12:30 - 2:00 PM & 5:30 - 7:00 PM
For more information, call (262) 251-6848.

Stock Box Distribution

Ages 60+

Distributed by the Hunger Task Force, the box contains 35 pounds of food from the U.S. government. To qualify, your income must be \$1,287 or less per month for a single person, or \$1,736 for a household of two. New sign-ups are accepted on distribution dates. Please bring proof of residency and a photo ID that includes your date of birth.
Distribution Dates:

Tuesday 1/17
Mondays 2/20, 3/20, 4/17, 5/15
12:30 - 1:30 PM
MF Community Center Rm 102A

The Parent Connection

A support group for parents with special needs children. Please call Stephanie Schneider at (262) 255-9112, for more information.

How to Reserve a Park

Menomonee Falls Park Department
(262) 532-4200

Menomonee Park (Lannon)
(262) 255-1310

Other Important Numbers

Menomonee Falls Public Library
home.mf.lib.wi.us
(262) 532-8900

Menomonee Falls Village Hall
www.menomonee-falls.org
(262) 532-4200

Menomonee Falls Community Chamber fallschamber.com
(262) 251-2430

Menomonee Falls Village Centre
menomoneefallsdowntown.com
(262) 251-8797

Menomonee Falls Fire Dept.
The MF Fire Dept. is proud to offer programs and services including; Life File, Senior Safety and Home Inspection. For more information on these and other programs offered by the Department, please call (262) 532-8823 or visit menomonee-falls.org/fire.



Upcoming Village Events

Christmas Market Downtown

Saturday, Nov. 26, 11:00-3:00 PM
Get a head start with your holiday spirit. Shop, Eat, & Be Merry.

Christmas Tree Lighting & Children's Games

Sunday, Nov. 27, 3:45 PM
Tree lighting will take place at John Taylor Park on Appleton Avenue. Children's games will take place at 4:00 on the corner of Main Street and Appleton Avenue.

Christmas Parade

Sunday, Nov. 27, 4:30 PM
Route: Main Street just west of Pilgrim, headed west to Appleton Ave., the piWest from Harrison, South on Appleton Ave.

Santa Visits Downtown

Saturday, December 17, 12:30 PM
Santa and Mrs. Claus will be visiting all open businesses on Saturday, Dec. 17, 2016 starting at 12:30. Be in the right place at the right time and take your picture with them. Maybe you will spot him walking down the sidewalk!

Silver Tea & Christmas Cookie Sale

Sunday, December 4, 1:00-4:00 PM
Old Falls Village - Free
Refreshments and cookies will be served in the Miller-Davidson House. A homemade Christmas Cookie Bake Sale will be held in the Public House, and Santa and Mrs. Claus will pay a visit to read stories to the children and listen to children's wish lists.

Affiliates

The Menomonee Falls School District does not directly plan or administer the following programs. Please contact the respective program providers for further information and how to get involved!

Accompany of Kids

262-251-5225 aokwi.org
This MF based premier performing arts group trains youth ages 4-20 in vocal, dance and performance techniques. Members are showcased in various venues throughout Southeastern Wisconsin.

Art Guild of M.F.

414-719-6613 artguildmf.org
Our focus is to provide art lovers and local artists of all ages living in and around MF with opportunities and resources for networking, exhibitions, and artistic development. Meetings are held at the Menomonee Falls Library.

MF Angels

FallsAngels.com
This competitive, girls fast pitch organization emphasizes softball fundamentals in order to develop skills, build character and create leaders.

MF Jr. Indian Baseball

eteamz.com/mfjibaseball
A select youth baseball program for boys, ages 9-14, who reside in the M.F. school district. Teams play in the Wisconsin State Youth Baseball League.

MF Camera Club

262-251-7106 falls-photo.org
Adults 18+ can attend meetings consisting of programs by professional photographers, field trips, photo competitions and workshops. Meet and associate with others who have an interest in photography. Contact Bill Rietz.

MF Dolphinettes

262-623-6100 mfdsynchro.org
The Olympic Sport of synchronized swimming open to girls ages 5-18, will teach swim routines to music. Recreation and competitive programs available. Contact Linda Loehndorf.

MF Jr. Indian Basketball

mfyba.com
Dedicated to fun and learning through recreational basketball for boys & girls in grades 3 - 8. Jr Indians Basketball is a more competitive select league for 5th - 8th grade students that requires tryouts. MF Jr. Indian Football/Cheerleading eteamz.com/MFJrIndiansFootball
Full contact football with teams in 5th - 8th grade divisions, open to all students enrolled in the MF School District. Learn the basic offensive and defensive plays of the MF High School.

MF Little League Baseball/Softball

fallslittleleague.org
A developmental softball and baseball league open to MF resident children ages 4 - 18. Registration takes place in January, with the season running through the end of June and an in-house tournament in July.

MF Jr. Indian Wrestling

262-781-7258
fallswrestling.com
Open to youth K-8 with the goals of teaching the fundamentals of wrestling, providing competition and teaching good sportsmanship. Season runs December thru March with registration in late October. Contact Tom Daly.

MF Patio Players

Box Office 262-255-8372
Email fallspatioplayers@yahoo.com
fallspatioplayers.com
This community theatre group will entertain you with quality productions of plays and musicals. For information regarding upcoming shows, or to order tickets online, please check out our website.

MF Swim Club

mfwswim.org
MFSC is a year round competitive swimming team instructed by experienced and certified coaches, offering stroke technique, training and competition to young people ages 5 and up.

Milwaukee Kickers - Falls

mksc.org
Open to boys and girls aged 6-16, the club offers a great opportunity for kids to compete in multiple levels of team soccer.

HEAD OF HOUSEHOLD

Last / First Name _____ Birthdate (Month/Date/Year) _____ Gender (M or F) _____

Address _____ City _____ Zip _____

Home Phone (____) _____ Work Phone (____) _____ Email address _____

Cell Phone (____) _____ Cell Phone Carrier* _____
Must be included to receive a receipt

*By providing your carrier, you agree to receive text messages from MF CE & Rec.

Which school district boundary do you live in? Menomonee Falls Hamilton (Sussex) Other

EMERGENCY CONTACT

Your emergency contact should NOT be a contact within the same household, but rather an alternate contact in the local area. The emergency contact is only contacted if we cannot reach the primary household contact (e.g. parent/guardian) already on file.

Name _____ Relationship _____ Home Phone _____ Other Phone _____

PARTICIPANT INFORMATION

Participant First & Last Name	M/F	Birthdate	Attend SDMF Schools	T-Shirt Size (mandatory)	Activity Name	Class #	Date, Day & Time of Class	Fee
			[] Yes [] No	Youth: S M L Adult: S M L XL				
			[] Yes [] No	Youth: S M L Adult: S M L XL				
			[] Yes [] No	Youth: S M L Adult: S M L XL				
			[] Yes [] No	Youth: S M L Adult: S M L XL				

ADULT SIGNATURE REQUIRED! I hereby understand that I or my child has registered to participate in a program sponsored by the Menomonee Falls Community Education & Recreation Dept. I understand that participating in this activity has some inherent risk and I assume full responsibility for injuries incurred while participating in this program. I understand that photos may be taken of myself or my child and used for promotional purposes. **Please notify your instructor if the participant has any special medical conditions or needs.**

Adult Signature **X** _____ Date _____

PAYMENT

Make checks payable to: MF CE & Rec, mail to W152 N8645 Margaret Rd., Menomonee Falls, WI 53051 or fax to (262) 255-8411

Cardholder Name: _____ Number: _____

Exp. _____ VCode _____ Cardholder Signature _____



IMPORTANT INFORMATION

Returned Check Policy

A \$30 service charge is assessed on all checks returned due to insufficient funds.

Residents/Nonresidents

Residents: A resident is defined as a taxpayer or a dependent of a taxpayer that resides in the Village of Menomonee Falls (this includes renters). Children who do not live in Menomonee Falls but attend a public school within the School District of Menomonee Falls are considered residents, but their parents are considered nonresidents. **Nonresidents:** A nonresident is defined as a person who does not live within the Village of Menomonee Falls. Nonresidents who register using false information will forfeit their right to participate and no refund will be given.

Age Minimum

Participants registered for any class must meet the minimum age requirement prior to or on the first day the class begins. Please do not request to have your child put in a class where they do not belong. The ages are set to ensure the safety and benefit of the participants as well as the program leaders.

Fee Policy

Program fees are assessed in order to defray the cost of program operation. The CE & Rec Dept. believes in providing program services to all who desire to participate in recreation activities. Financial assistance is available to Menomonee Falls residents by contacting the Director at 262-255-8460.

- A 5% sales tax is included in the fee on all non-instructional programs.
- Program fees are not prorated.

Waiting List

Any participant who desires to enroll in a class that is full may place their name on the waiting list. There are no guarantees for placement. The waiting list is compiled on a first come first serve basis.



100% Program Satisfaction Guarantee

The CE&Rec team is constantly striving to provide you with high quality recreation activities, events and programs. We are confident that you will like these programs, so confident that we will ensure our promise to provide that high quality.

If you or your child are participating in a program, and you are not completely satisfied, please notify us. We will send you a refund application to complete. Once we have received your completed application, we will then arrange for you to do one of the following:

- Repeat the class at no charge
- Credit your account to be used on a future registration.
- Receive a refund

Requests must be made on the provided application within 10 business days after the program has been completed. Exclusions to this policy include Adult and Youth Athletic Leagues, Club Sports, Trips, and the Kids INC program.

Swim Lesson Transfer/ Cancellation Policy

Please check with your child's instructor, or wait until your child has completed their current swim level before registering for the next session of swim. In the event you register for an incorrect level, a \$10 fee will be charged for any transfers or cancellations.

Cancellations

When the School District cancels due to weather conditions, all CE & Rec activities will also be canceled. Cancellations due to inclement weather will be announced on our website and our Program Information Line at 262-255-8376. Participants will be notified by email, in writing or by phone of any cancellations caused by instructor or facility changes. **NOTICE:** Every effort will be made to reschedule classes canceled due to inclement weather. However, if classes cannot be rescheduled, no refunds will be given.

Insurance Policy

The CE & Rec Dept. does not provide accident insurance for participants in any of its programs. All participants assume some inherent risk of injury from their involvement in the programs or activities outlined in this brochure.

Medical Conditions

If there is any medical condition or other information you are aware of that could affect someone's participation in a recreation program or activity, please contact the Department to discuss this matter, and notify your instructor on the first day of class.

No Smoking/ Alcohol Use Policy

The use of all tobacco products or drinking of alcoholic beverages on premises owned by the School District of Menomonee Falls is forbidden by State Law. Your cooperation in upholding this law is mandatory.

Senior Discount

Adults 55 years and older are entitled to approximately a 20% discount on selected programs. Please present proof of age when registering. For more information about senior discounts, please call 262-255-8460.



Non-Profit Org.
 U.S. Postage
PAID
 Menomonee Falls, WI
 Permit #31

W152 N8645 Margaret Road
 Menomonee Falls, WI 53051

ECRWSS
 RESIDENTIAL CUSTOMER

NEW PROGRAMS!

Youth

- Dribble, Dribble 201 & 202
- Golf Lessons - Jr Academy
- Jr Soccer League
- Lets Build It - After School Programs
- Bricks 4 Kidz - Galaxy Far Away

Adult

- Tap & Jazz
- Beginners Conversational French
- Mamma Mia - The Farewell Tour
- Visit to Milwaukee Icons
- South Pacific - Fireside Theatre
- Siberian Outpost and Wade House
- Maggie Mae and the Heartland Country Band



**Online Registration
 for Residents Opens
 Sunday, Dec. 11 at 9:00 PM**

**Non-Resident Registration
 Thursday, Dec. 15**

SEE PAGE 3



fallsrec.org

